

Dulman's View from Honiton



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Chamber chairman says the year ahead is 'full of promise'

PETER HODGES

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HONITON'S Chamber of Commerce is looking back on a strong 2016 but believes the year ahead is 'one full of promise.'

Honiton's chamber welcomed a new chairman earlier this year, as predecessor Colin Wright stepped into the role of president and his able deputy and market manager Tony McCollum took over the role.

Speaking about the future of Honiton, Mr McCollum said: "The year ahead is one full of promise for businesses in Honiton. With many local businesses expanding their premises and introducing new lines, the High Street and the main shopping areas in Honiton are alive with anticipation for what 2017 holds in store."

This year saw several shops expand into new premises with Lace Lingerie taking over a neighbouring space and Wendy's Cookshop also expanding their store.

Mr McCollum added: "The town has a strong set of white and blue collar business thriving in around the various industrial and retail parks."

National building suppliers MKM took over a site at Heathpark Industrial Estate creating 14 jobs for the town in the process.

Mr McCollum said: "The Chamber will be looking to expand its membership through 2017 and the more members we have the stronger our voice and the bigger our pockets to promote Honiton outside of our normal catchment area."

"Much research has been done around what

buying and spending locally means to the local economy. For every pound spent in this district 80p goes directly back into the local economy meaning more jobs, more wealth and more investment.

"The message from the Chamber is clear – support local businesses in Honiton and look forward to a year of growth in 2017, growth for membership and growth for the economy of

Honiton."

The Honiton economy is expected to grow, as East Devon District Council will be moving their base of operations to the town in 2018.

This year saw the closure of the Crown Post Office in the town, with the replacement facility taking up joint residence in WH Smith.

The former post office site is still vacant several months after the move.

Offwell children tell story of the Nativity



■ OFFWELL Primary School's reception and nursery children joined together for a traditional retelling of the Christmas Story. Their teacher, Mrs Hunt, said: "I am immensely proud of how well all the children took part and how brave they were performing in front of an audience. It is always a lovely occasion which everybody finds very affecting."

Town council 'acted unlawfully'

A HIGH Court Judge has ruled that Honiton Town Council acted unlawfully when adding disciplinary measures to those already imposed on one of their councillors by East Devon District Council.

Town councillor John Taylor launched a judicial review after Honiton Town Council imposed sanctions on him that he felt restricted his right as a democratically elected councillor.

Mr Justice Edis, who presided over the case concluded: "I therefore quash the decision on the ground that, in so far as it applied the October Policy and added additional sanctions over and above those recommended by East Devon District Council, Honiton Town Council acted unlawfully."

The findings were made after deliberating in detail the evidence presented by all parties, as well as the Localism Act as intended by Parliament.

John Taylor was hauled in front of East Devon District Council Standards Committee last year after he wrote a letter to a constituent, which later became public, where he accused town clerk Chetna Jones of criminal conduct.

The town council then imposed their own sanctions on him, which Cllr Taylor took umbrage with. The saga has been rumbling on for nearly two years.

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YOUR TOWN, YOUR NEWS...YOUR VIEW – across East Devon

INSIDE this week's paper

NEW YEAR COMES TO EAST DEVON & SOUTH SOMERSET



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Pages 10 & 11



NEW YEAR, NEW YOU
Pages 12-15

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THIS WEEK'S WEATHER

Wednesday



8°C
7°C

Thursday



10°C
8°C

Friday



10°C
17°C

Saturday



10°C
6°C

NEW YEAR MESSAGE from East Devon District Council leader COUNCILLOR PAUL DIVANI 'We must evolve from being service providers and instead become enablers'

RELOCATION and evolution of efficient, innovative services remains a priority for district council, East Devon Council leader Cllr Paul Diviani, *pictured right*, has vowed in his New Year message

Cllr Diviani said: "We are improving and we will continue to improve in order to provide the people of East Devon with the best possible services.

"The next four years will continue to be challenging for public services and local communities.

"East Devon is no different from other local authorities and we will continue to face financial pressures as central government reduces our funding and the demands on our services increases.

"The challenge we face is no longer how to do more for less, but instead how we can deliver our services in new and innovative ways.

"We must evolve from being service providers and instead become enablers, which includes helping to support communities to come together so they can do more for themselves.

"We will continue to transform service delivery with the benefit of new technologies and we will also continue to make sure our services are always improving through our 'systems thinking' approach.



"We will also be focusing on a more commercial approach to delivering our services, but at the same time we will ensure that this is balanced against providing value and full benefit to our communities.

"Through our relocation to Honiton and Exmouth we will seize every opportunity to improve the delivery and accessibility of services whenever and wherever possible, yet at the same time we must deliver the £2.6m savings that central government require us to make.

"Our ambition is to be an outstanding council, which works together with local people to create great value services and an outstanding community, economy and environment for East Devon, both now and for future generations.

"Everything we do is aimed at making East Devon a place where people want to live and work, as well as a top destination for visitors to come and enjoy."

■ **CONGRATULATIONS** to Mrs G. Powell of Axminster who won our Spot The Turkey competition. Mrs Powell received a Christmas hamper, which included a Complete Meats turkey crown, pigs in blankets, sausage meat and stuffing balls, in time for the festivities.

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COWS CROSSING THE RIVER by Richard Austin



▲ A dairy herd crosses the River Axe at Whitford

Christmas tree recycling times

EAST Devon District Council will be on hand in early January to help recycle your Christmas tree.

The trees will be shredded and the chippings will be used in local parks and gardens.

The recycling events will be held at:

- Seaton, Harbour Road car park, Wednesday, January 4th, 8.30am to 11.30am;
- Axminster, West Street car park, Wednesday, January 4th, 12.30pm to 2.30pm;
- Honiton, Lace Walk car park, Thursday, January 5th, 8.30am to 11.30am;
- Ottery St Mary, Land of Canaan car park, Thursday, January 5th, 12.30pm to 2.30pm;
- Sidmouth, Manor Road car park, Friday, January 6th, 8.30am to 12 noon.

All residents received information about the seasonal changes to the recycling and waste collections earlier this month and the information is available on their website at <http://east-devon.gov.uk/recycling-and-rubbish/christmas-collections-2016/>

A spokesperson for EDDC said: "East Devon residents will be able to recycle Christmas wrapping paper this year, as they have been able to in previous years.

"However, as is normal practice, we are unable to accept shiny, metallic, plastic or glittered wrapping paper for recycling as this type of material cannot be accepted by our recycling mill."

MP launches new group for farmers

EAST Devon Farmers' Group (EDFG) was formally launched by local MP Neil Parish, chairman of the Environment, Food and Rural Affairs (EFRA) Select Committee.

The inaugural meeting took place on December 9th in Colyton.

EDFG joins a network of 49 groups across England covering over 200,000 hectares of farmland and woodland under the Natural England-funded Farm Facilitation Scheme programme.

Mike Ellingham, retired NFU Regional Advisor and former AONB Partnership member, will be chairing the group and

said: "I am pleased that the AONB team have secured this funding with our partners.

"It will provide opportunities to bring the local farming community together to discuss and develop modern farming and environmental issues that affect all their farms at a critical time."

EDFG has a committee of local farmers and woodland owners.

They will be assisted by Roland Stonex of Farming and Wildlife Advisory Group

South West, Mike Symes from the Devon Greater Horseshoe Bat project and Pete Youngman from the

AONB team.

Farmers signing up to the Farm Facilitation Scheme will receive a 20 per cent uplift on their application score for mid-tier Countryside Stewardship and will be eligible to attend free training and advisory workshops.

The group is open to farmers and woodland owners in the Coly Valley, Branscombe, Southleigh, Offwell and Shute areas.

Any farmers or woodland owners wishing to join the group should contact Pete Youngman, AONB Project Officer, by emailing edfg@east-devonaonb.org.uk



UP AND RUNNING: Mike Ellingham (EDFG), Graham Lethbridge (Avon Valley), Neil Parish MP and Chris Woodruff (AONB Manager) at East Devon Farmers' Group

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PLEASE NOTE: We cannot accept announcements without a signature, address and telephone no.
All announcements must be in by 12 noon on Friday for the following week's publication.

Superfast broadband comes to Luppitt based brewery

THE award-winning Ottery Brewery near Honiton has struck a deal with BT for ultrafast broadband.

About four kilometres of underground and overhead cabling is being installed as part of extensive engineering works to deliver the latest Fibre-to-the-Premises (FTTP) technology to Otter Brewery by the end of Spring 2017.

The project is co-funded by the brewery and Openreach, who manages BT's local access network, who recently announced that it is more than doubling the maximum speeds available over its FTTP network from 330 megabits per second (Mbps) to up to one gigabit per second (Gbps).

The new network for the brewery will also make FTTP viable for a small number of nearby homes, which are also in very rural locations.

Patrick McCaig, managing director of Otter Brewery, said: "Ultrafast broadband is a huge step forward for us. At present our broadband runs at no more than a quarter of a megabit per second, so very soon we will benefit from a service many hundreds of times faster.

"Fast, effective broadband is an essential part of modern day business and it will become even more important in the years ahead. Increasingly, we are communicating online with our customers and suppliers, particularly the larger companies.

"This new technology should

help our office employees become at least ten per cent more efficient."

The arrival of ultrafast is part of a further major expansion of the business.

Mr McCaig added: "We have never really tried e-commerce, but now we are redesigning our website and, as well as supplying our products for pubs, are looking much more at the 'take home' retail market and even the possibility of a clothing range.

"Being in such a remote location, we knew that we could not sit back and wait for ultrafast broadband to come to us, but that we needed to take action."

Otter Brewery is one of the South West's leading breweries having won a variety of awards since it was founded 26 years ago, including most recently being highly commended in the National Business Awards and a finalist in the Rural Business Awards.

The company, which employs 36 people, sells more than seven million pints of beer and lager each year to up to 2,000 pubs across the UK.

Paul Coles, BT South West regional manager, said: "This project is a great example of BT being able to work with a leading local firm to overcome con-

siderable engineering challenges in order to deliver high-speed broadband. We will certainly celebrate with a pint of Otter when the work is completed!"

Neil Parish, MP for Tiverton and Honiton, said: "Getting superfast broadband to rural areas is one of my top priorities.

"This exciting technology is vital for today's businesses and there is no doubt that it will provide a big boost for Otter Brewery, a local company with an excellent reputation for quality and innovation. I am campaigning to ensure that all households and businesses throughout my constituency – and in rural areas further afield – are able to benefit from a good quality broadband service as soon as possible."

The project is part of BT's Community Fibre Partnerships programme, which has already seen BT sign agreements with more than 150 local communities and organisations to bring fibre broadband to some of the UK's most challenging areas, including some other locations in the South West.

For more information on community fibre partnerships with BT visit www.communityfibre.bt.com

**If you have a story for the Honiton area
call Peter Hodges on 01297
446162 or email
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Conservation group raise £285 with festive stall



■ HONITON Glen Conservation Group raised more than £280 at a recent Christmas stall held in the town. Group member Wendy Graham (pictured centre) said: "The Christmas stall raised £285. We are extremely grateful for the support we received at the stall and the numerous generous donations made on the day. The raffle cake was delivered Saturday evening to a family in Whitebridges. There are still some 2017 calendars to be sold." Anyone interested in the calendar can call 01404 45675 to reserve one now; they are £4.50 each.

Richard hangs up his camera in Axminster



■ **NEW DIRECTION:** Richard says goodbye to colleagues. The cake was made by Rosie Beer.

AFTER 16 years as company photographer at Axminster Tools & Machinery, Richard Hedington has decided to hang up his camera for the time being and carve out a new path as an author and illustrator.

Having also relocated to Plympton with his partner Rachel to be closer to family and grandchildren, Richard felt the time was right to change direction.

One of Richard's many talents is creative writing and he has self-published a series of children's books which can equally

be enjoyed by adults.

The principal character in Richard's stories is Henry the Hedgegnome – a character Richard created many years ago while still at school.

Henry remained in hibernation while Richard worked as a photographer but now he will be developing Henry's adventures and making every effort to become as popular and well known as children's author-illustrator as Raymond Briggs or Nick Butterworth.

Richard said: "After 16 years

creating photos and videos for Axminster Tools & Machinery, the time has come to do a spot of drawing and colouring in.

"Some may view giving up a good job to write children's books as some sort of mid-life crisis. Having first drawn Henry the Hedgegnome when I was a child, I prefer to view it as finally fulfilling my destiny."

Staff from Axminster Tools & Machinery presented Richard with leaving gifts on December 15th and wished him well on his new journey.



■ **FESTIVE GREETINGS FROM AROUND THE WORLD:** Axminster Community Primary Academy did not stage a nativity play as such, instead putting on a Christmas café with songs from all over the world. The group photographed had a Danish message, Glaedelig Jul (Merry Christmas).

Return of fountain lights?

THE LIGHTS on the Jubilee Fountain in Trinity Square, Axminster, could be repaired.

Attending a town council meeting, a member of the public asked if it would be possible for the lights to be brought back into working order.

Councillors resolved to investigate and agreed that an assessment of the condition of the structure should be undertaken by a suitably qualified professional.

Town clerk Hilary Kirkcaldie was asked to find out what the cost had been when the structure was refurbished some 20 years ago.

Caravan blaze deliberate

A DERELICT caravan was set alight just off the A35 in Raymonds Hill.

Fire appliances from Axminster, Charmouth and Lyme Regis were mobilised to a report of a fire just off the A35 at about 5.50pm on Monday, December 12th.

A spokesperson for the fire and rescue service said: "The cause of the fire was deliberate, which resulted in the vehicle being severely damaged by fire."

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Festive boost for RBL funds

SEATON Royal British Legion's Christmas Draw and Table Sale raised in the region of £800 at the Methodist Church Hall.

Branch president Ray Evans was very pleased and praised fellow branch members for their hard work and members of the public for attending and spending their money.



Download a charity calendar

A SEATON-based artist has decided to make to his 2017 calendar available online, hoping charities will benefit.

Simon Wellington, co-owner of Axe Cliff Golf Club, said: "I have decided to put my calendar online this year for charity.

"I normally do quite well out of it but have been very touched by a lot of the things going on at home and in the world this year."

The idea is built on trust as there is no paying mechanism on his website, but Mr Wellington hopes that anyone who downloads the calendar will make a £5 donation to a charity of their choice.

He started making his annual calendar almost 10 years ago, the first one being part of an exhibition he staged in Wells Cathedral.

This year's version includes paintings from Seaton, Lyme Regis, Bristol, Clevedon and more.

Download instructions are available online at www.simonwellington.co.uk, and copies are also available at Axe Cliff Golf Club.



CALENDAR: Artist Simon Wellington

Little Starz show

THE JM DanceFit Little Starz children, from Beer Primary School, ended the term on a high with an energetic Zumba display enjoyed by parents and family. All the Little Starz were awarded certificates of achievement for their hard work this term.

The classes, which allow children to have fun, while improving their confidence and fitness levels, will continue to be held at the school by local Zumba instructor Johanna Morgan from Friday, January 13th 2017.

New children are welcome to join the termly classes. To book a place, contact Johanna directly on 07739518587 or at johanna@jmdancefit.co.uk.

Johanna said: "I was so very proud of the Little Starz* and their end of term performance. I am thoroughly looking forward to continuing the termly classes in January 2017.

Grenade found in river

A ROYAL Navy Bomb Disposal unit was called to Seaton after a hand grenade was spotted in River Axe.

Beer Coastguard Rescue Team assisted the bomb disposal team along with the police.

They were called at 10.51am on Thursday, December 15th and a spokesperson for Beer Coastguard Rescue Team said: "A hand grenade was seen at low water in the River Axe at Seaton.

"The item was confirmed as a Second World War hand grenade and was made safe by the explosive ordnance disposal team before they removed it from the river bed and took it away for disposal.

"It was still in reasonable condition considering it has been in the mud for more than 70 years."



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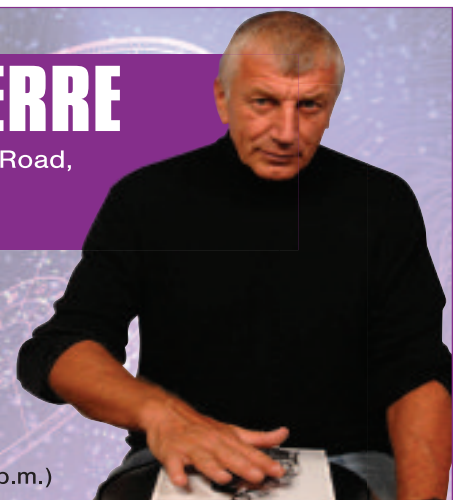
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Students visit Shelterbox charity base

A GROUP of GCSE Geography students from Honiton Community College were recently invited to visit Shelterbox in Truro, to see how the vital operation is run.

Shelterbox is an emergency aid charity supported solely by fundraising through the Rotarian Society and individual donations.

The Government provides no assistance to Shelterbox. During the visit students were given a brief on the ethos of the organisation and their objectives as an aid charity.

Honiton students were taught about the logistics of an aid or-

ganisation and delivery of critical aid in very short periods of time.

A spokesperson for the school said: "We all enjoyed demonstrations from the Shelterbox volunteers of the type of emergency equipment sent out to disaster zones."

"Much of the equipment's donated from companies who have supported Shelterbox since its very inception in 2000."

"We were also given a rare treat of exploring the four types of tents sent to disaster zones, learning about design, construction and use in remote inhospitable locations. Some emotive stories were told by the staff of aid volunteers facing the huge physical and emotional challenges on the ground."

"Students showed great empathy and thoughtfulness towards the delicate nature of disaster relief, human hardship and loss of life."

"A truly memorable visit enjoyed by all. Thank you to Shelterbox for arranging our visit."

For anyone interested in further information or fundraising opportunities, please go to www.shelterbox.org



■ A GROUP of students from Honiton Community College recently visited the base of operations for aid charity Shelterbox in Cornwall

■ HONITON Lions have donated £300 towards a new lifeboat station – in Cornwall.

The money was raised by Cornish Lion David Rickard, who is known locally where the lifeboat station will be built in Newlyn

David raised the money by selling books throughout the year and was on hand when the presentation was made to lifeboat station fundraising chairman, Eric Taylor, and RNLI community fundraising manager, Ben Bowskill.

David, 75, has already raised more than £4,000 for the RNLI in memory of his late mother, Mary Rickard.

He has done this through working local paper rounds and saving the pay and tips to give to charity. David has been fundraising for more than 10 years,

and has already visited the current Penlee Lifeboat Station in Newlyn twice. He will be returning in January to present another cheque for £1,500.

Pictured below: Lion John

Quinton-Navarro, Eric Taylor – fundraising chairman, Lion Dave Rickard, Ben Bowskill – RNLI community fundraising manager, Lions' president Brian Richards and Lion Barry Warner



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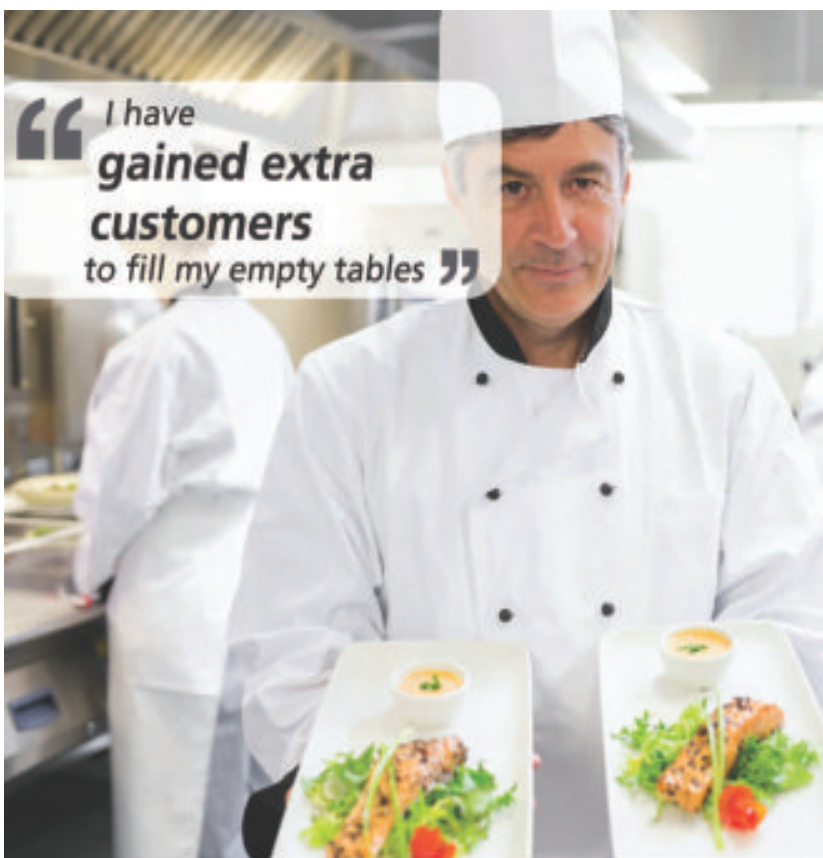
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Brexit, populism and sacrifices

■ WITH reference to the 6th December issue, I would first of all say how delighted I am that Derek Sturch is still writing his ditties. The metering leaves something to be desired, but at least I can guarantee that my day will get off to a good start with the amusement he provides.

Not the same can be said, however, of the letter from Nibby David, to which I take exception. In the third paragraph, reference is made to a long list of what lives were supposedly sacrificed for and which, by inference, we have given up post referendum. As far as I recall, all were freely available prior to becoming members of the Common Market, along with all the freedoms of work, study and marriage that have, the letter states, now been denied to the younger generation. The only change will be that they will no longer be spoon-fed, but will have to become as independent and adventurous as my generation and will continue to have to show a passport when crossing borders.

I have no knowledge as to Nibby David's personal involvement in, or knowledge of, the Second World War, but from what my father recounted to me, he did not spend nearly four years behind barbed wire (including time in Stalag Luft 111), after having been shot down following a number of missions, for the reasons suggested in the letter printed. He did all that, to help prevent the German domination of this, his country and of Europe. When observing the continued political and economic power wielded by Chancellor Merkel within the EU, the sacrifice would have been wasted had the vote not been for Leave.

Now it would seem that populism and populist are being used as the new insult, instead of racist, when describing those of us who chose freedom back in June this year. As far as the racist tag is concerned, then I am sure that my Parsee goddaughter

would be delighted to debate that on my behalf. However, I would draw the attention of the readers of this newspaper to the following Oxford English Dictionary definition: "Populist (noun or adjective): a member or adherent of a political party seeking to represent the interests of ordinary people, or: a person who supports or seeks to appeal to the concerns of ordinary people."

Surely something all MPs should aspire to!

As defined by Princeton University, the following: "Populism (noun): The political doctrine that supports the rights and powers of the common people in their struggle with the privileged elite".

Obviously, those in the media, in politics (including our recently-departed Prime Minister) and also others who so 'liberally' use these as an insult do not comprehend their meaning.

ROGER GREAVES, Thorncombe

■ IT must be nice to rewrite history, but it is most definitely not a good idea.

The sacrifice made by millions of our countrymen and women over two world wars was to deliver us from totalitarian slavery, courtesy of a nation (Germany) which had caused, by its naked aggression, three major conflicts since its creation in 1871, in just 68 years. Quite a record! The Nazi (National Socialist) plan for their Third Reich was the 'Europäische Wirtschaft Gemeinschaft' which translates as the European Economic Community. By their own admission the supporters of the current EU project regard themselves as the Fourth Reich. This is a Babylonian-inspired project (the Nazis were obsessed with the occult) and the EU Parliament building in Strasbourg was constructed to resemble the unfinished Tower of Babel.

As a result of deliberate and treasonable lies made by Edward Heath we were deceived into joining the EEC, ruled completely by unelected commissars.

Our country owes its greatness to being a Christian nation, and not one governed by Babylonian/ Napoleonic law.

This is the reason we voted to leave. No other factor even begins to surmount this. No other nation would have put up with as much abuse as we have over the last 40 years from an unelected and secretive cabal and we are overjoyed that this ruling by fascist tendencies in Europe is coming to an end.

A EDWARDS, Seaton

■ FOR Remainers, Remoaners and Brexiteers Since June it's been a turbulent year.

But no matter which side of the fence we're sat It's the time of the year to forget about that.

Let's all embrace the days ahead,

Grasping the spirit of Christmas instead.

Time for the family, yours and mine.

Memories of friends who come to mind.

Thoughts for those who are left alone

Reliving their lives in an empty home.

Pity for children stripped of their youth

By disease, starvation and mans' twisted use.

Sorrow for millions, their freedom denied,

Caught up in the carnage of wars' bloody tide.

Regret for the suffering throughout our World

That we see every night, yet become quite inured

To horrors that make our own problems absurd.

Perhaps some day this turmoil will cease

And all the World's children at last live in Peace.

Though I suppose when the New Year comes

It's back to the EU, NHS and Trump.

DEREK STURCH, Honiton

Axminster traffic

■ MAY I respond to last week's letter about safety in Axminster?

Axminster must be the only town with a 20-mile speed limit running through it which no drivers adhere to, also surrounding roads of 30-mile speed limits.

Where are the speed repeater signs, as required by law?

The drivers are crazy, ducking and diving, weaving in and out, speeding, some on their mobile phones. They drive like madmen. Don't worry about the pedestrians or children. It seems drivers would rather knock you over and kill you than slow down or stop! Axminster has the most idiotic, unsafe road system. It needs more crossings for pedestrians.

Beautiful Axminster town spoiled by car fumes, speeding and ignorance. Take five minutes just to stand and watch them all. Did I hear someone mention police? No, not in our town, never. But then one gets used to this as we've always been the most neglected town in the whole of Devon.

You cannot tell me the council aren't aware of the problems. How come Seaton has a no-traffic zone? We want one!

Sorry, Axminster, you definitely are at the back of the queue, lost and forgotten – just as our children are here.

NAME AND ADDRESS SUPPLIED

Poppy appeal total

■ ON BEHALF of the RBL Poppy Appeal I would like to thank all the volunteers and businesses in Feniton, Buckerell, Weston, Gittisham, Talaton, Clyst Hydon and Clyst St. Lawrence.

The total for the area stands at £2,800.70.

Thank you,

CHRISTINE GIBBINS, Organiser

Send your letters to Francesca Evans at: Pulman's View From Newspapers, Unit 3, St Michael's Business Centre, Church Street, Lyme Regis, Dorset DT7 3DB or email them to francesca@viewnews.co.uk

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NEW YEAR *New You*

What's your New Year's resolution?



Slimming World

IT'S NOT JUST FOR THE LADIES!

WELL I didn't expect this! Slimming world is for Men too!

I joined slimming world with my sister-in-law and a friend. At first they had pressured me into joining with them. I really wasn't sure, I had heard of these diet things, rabbit food and such (manly grunt!!). The reality was much different - I soon found that Slimming World was more about showing you foods as they are. How to combine them into great, large, healthy meals that didn't compromise on taste. It showed me that some small changes could make a big difference, and I could also treat myself as long as I kept an honest eye on how much I was treating myself.

Unfortunately throughout my life I have mistreated myself with foods I believed comforted me but in truth left me sluggish and somewhat hollow. I had been overweight through my late teen years and onwards. I never let anyone know how much this actually affected every part of my life, confidence, romance and health. Maybe I never truly admitted this to myself, it seemed easier to have another beer, pie or doughnut and get a few moments of joy, but moments was all it was.

I met my gorgeous wife 7 years ago - a fantastic and energetic woman. I will never forget our first

date, we decided to meet in Glastonbury and walk up to the top of the tor. Needless to say I puffed and panted all the way to... half way... and had to stop and get my breath back! Then I panted my way to the top. I remember thinking 'what must she think of me! I blamed the cigarettes as I smoked at the time (not any more) but it was my size that really kept me reaching the top without stopping. Thankfully this wonderful woman saw through the flab to the man inside, thank goodness. Claire never pushed me to change and I thank her for that, but I knew I had to get fitter to keep up with her. I slowly increased my fitness but there was always an excuse - work, nights out, etc not to drop my weight.

Slimming World supplied me with the final piece of the puzzle, diet! Not a diet (eat nothing but cabbage soup and a slice of cheese when you start to faint) - no - a balanced diet.

I work in the construction industry where real men eat real food (burgers, pints and chips) and "exercise is the only way you will lose weight"!!!! The idea that you should take care about what you put into your stomach was almost alien to me and the men I worked with.

As I said at the start I joined with my friends

Rainy and Liz. We soon joined the group's facebook page and started collecting and swapping ideas and supportive messages. The support from our rapidly increasing group was a great boost for me. I found the competition fun as well, who had lost the most, who had the best new recipe. I also found the groups really inspiring feeding from others experiences and knowing that you are not alone with the challenges that faced you in the week.

And guess what? I am still eating burgers and chips and enjoying my pints because I've learnt how to cook differently and to incorporate the things I love.

I'm now a Target member at my group in Honiton which means I can still attend, but free of charge - LOVE IT

For more information about your local groups please contact Sharon (Rich's Consultant in Honiton) on 07963337178 or pop into one of our groups held weekly on Tuesdays at 3.30pm, 5.30pm & 7.30pm or Wednesdays at 9.30am - all at the Honiton Family Church.



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NEW YEAR

What's your New Year's resolution? New You



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Michelle Hague **Clinical Hypnotherapy**

Tears, tinsel and tantrums, coping with the post Christmas stress into the new year?

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Michelle, works with a combination of therapies CBT, Mindfulness and Clinical Hypnotherapy, and is sure to be able to help you quickly, start to cope and manage the things that seem so overwhelming right now.

Let us not forget the old wounds, that become difficult to at this time of year the loss of someone, far away or gone from your life, the reminders of how Christmases "should" be, is often difficult to cope with, when we do not all live in the advertisers idealised imagination, or the story book fantasy of childhood hopes and dreams filled with sugarplums and white snow, candy canes, and the Father Christmas who can afford the perfect gifts for all.

You will no doubt be surrounded by wonderful advice, about what to do, and how to do it to have a perfect Christmas, but if all you want to get through this time of year, without feeling angry or overwhelmed or just be able to lift the weight of the depression that seems ready to overtake at any moment. Michelle may be the person you need to talk to.

Because December is an expensive month Michelle is offering everyone booking an appointment a discount of £5.00 off her normal hourly rate on each appointment between now and the end of January 2017 on their first and subsequent appointment in the next two months.

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NEW YEAR

New You

What's your New Year's resolution?



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The type of conditions that I mostly see in my clinics include the following: arthritis, back pain and sciatica, poor circulation, low energy

levels, hormonal/menopausal symptoms, pregnancy management, fertility problems, weight management, and addictions such as smoking. However, you don't have to be ill in the conventional sense to benefit from acupuncture, sometimes people come to see me because they are feeling low, unwell in themselves, or maybe not sleeping as well as they would like to.

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Val Davis, B.Sc., Lic.Ac., M.B.Ac.C.
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BIN OR KEEP? THE 2016 WELLBEING TRENDS WE WANT TO STICK AROUND

by Abi Jackson, Press Association

WATERMELON - We all carried a watermelon in 2016. Well, those of us who got in on the emerging watermelon juice/water trend did. Yep, move over coconut water (not completely - you're still in pretty high demand), watermelon quenched our thirst and then some this year, topping up our vitamin and potassium levels and aiding in muscle recovery (thanks to its L-citrulline contents) in the process.

VERDICT: Keep. It's tasty, simple and a refreshing (no pun intended) addition to the, arguably over-saturated, 'healthy drinks' market.

HYGGE - OK, the fact snuggling up somewhere cosy and candlelit, with a soothing hot chocolate or glass of red, makes us feel good is hardly groundbreaking. But it was only this year we officially found a name for the cosy good life's happiness-inducing magic: Hygge. It's always been a way of life for the Danes, and this autumn saw it snuggle into our everyday vocabulary too.

VERDICT: Keep! Simple, feel-good and basically achievable every day. What's not to love?

SEAWEED - First came 'courgetti', and then 2016 saw an incoming tide of seaweed 'pasta'. There's a lot going for it: it's sustainable, easy to farm, highly nutritious, gluten-free and low-cal - if a tad salty.

VERDICT: Keep - BUT it's currently too expensive to make it onto our regular shopping lists (expect to pay almost £6 for a 100g bag, while you can easily get a 500g bag of real pasta for £1).

FLAVOURED NUT BUTTER - The nut butter aisles got a LOT more interesting this year, with palm oil-free brands like Pip and Nut bringing us delights such as Honey Cinnamon Cashew Butter and Coconut Almond Butter. Omega-3 and protein-packed

goodness and added flavour.

VERDICT: Keep! And Pip & Nut have just announced they're launching 1KG tubs... Happy New Year!

CLEAN EATING - Nobody's really sure what it means... Is it just healthy, proper food all made from scratch, no additives etc?! But, haven't people been doing that for, um, ever? And does it only count as 'clean eating' if you post it on social media? Maybe we're missing something but, either way, it's smug, and ain't nothing wrong with a good 'ol dirty burger every once in a while.

VERDICT: Bin. #PleaseStop

WAIST TRAINING - The Kardashians could post selfies of themselves drenched in cow dung and somebody (read: many) would give it a go, so of course, when they start posting snaps of themselves sporting waist trainers - basically super-tight corsets - and even working out with them on, cue a flurry of copycat attempts to get 'waisted'.

VERDICTS: Bin. Sticking the word 'trainer' in the title doesn't change what it is. A corset doesn't promote fat loss or muscle tone. It just squashes you (and your organs).

SAUNA SUITS - Always thought the priority with fitness attire was to keep you cool and comfortable during those sweaty workouts? Khloe Kardashian took the opposite approach this summer however, when she shared snaps of herself working out in a 'sauna suit'. The clue's in the name: these 'sweat suits', as they're also known, are designed to make you heat up and perspire more.

VERDICT: Bin. Anything that perpetuates the idea it's OK to do daft things in a bid to lose weight fast is just not good. Plus apparently, it's just promoting water loss, which isn't the same as fat loss.

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Val Davis B.Sc., Lic.Ac.,
(Member of British Acupuncture Council)

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NEW YEAR

New You

What's your New Year's resolution?



Axminster Health & Wellbeing

Therapy of the Month Reflexology with Barbara Bell

REFLEXOLOGY is an ancient healing therapy, derived from Eastern philosophy, which focuses on stimulating "reflex points" on the feet (or hands).

The rationale for the efficacy of reflexology is believed to be the result of stimulation of the circulatory, lymphatic, and nervous and energy systems which connect throughout the body and which are in a constant state of communication.

The holistic nature of reflexology lends itself to help treat a wide and diverse range of disorders ranging from emotional stress to muscle and structural pain.

Precision Reflexology is a unique, gentle form of reflexology. In addition to massage and stimulation of specific points it uses a linking technique where two or more reflex points can be linked together increasing the power and holistic nature of the treatment.

Reflexology is suitable for people of all ages and there are very few contraindications. Only shoes and socks need be removed and the client lies in a special reclining chair for a deeply relaxing experience.

Contact Barbara Bell to book your treatment 01404 831173 or barbrelexology@btinternet.com

Bodywork

Ever wondered what Bodywork means?

Explore this fascinating subject and develop an exciting new relationship with your Body and your Self. You could start by investigating the range of bodywork classes available at Axminster Health & Wellbeing Centre. Some classes such as qigong are on a 'pay as you go' and 'drop in' basis, others need to be booked before the series of classes start. Our website shows days and times of all Bodywork courses and classes www.axminsterwellbeing.com and our Bodywork teachers are always happy to answer any questions you may have.

Mindfulness Course

Mindfulness for Health and Wellbeing is an 8 week Course for stress management and personal growth. It starts on Thursday 23rd February 2017 and there is a 'taster' on 18th February 2017. Find out more about what is involved and make sure it's right for you. Contact Kath Woods: 01404 831605 or email: kath.woods2012@gmail.com

Special Offers

Liz Bray BSc DNN MBANT CNHC, our Registered Nutritional Therapist is offering one hour nutrition

consultation - identifying imbalances in vitamins, minerals, nutrients, includes written recommendations for diet and supplements. £89, offer price £80, if booked in January 2017 or one hour nutrition and food intolerance test consultation which is as before and includes written recommendations for diet and supplements and IgG antibody blood test (59 foods)

Bodywork

at Axminster Health & Wellbeing Centre

Qigong, Pilates and Yoga

See our website for details

www.axminsterwellbeing.com

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EVER feel like a bucket with holes in?

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Learning to manage your energy and knowing exactly how it is you are losing it will be one of the most empowering things you can do for yourself, your life, your health and for those around you because without a healthy vibrant energy system simply nothing works for us.

Our capacity to hold onto this precious life force has become severely weakened and quite honestly misused on a daily basis which is not only detrimental to our health but also to living a whole hearted life that we are each destined to live.

We lose our energy through many different sources every single day, learning how you lose yours and how to call it back and seal it in will create a renewed strength and sense of power within you that you may never have thought you could have.

Every day in any given moment your energy can change, you know this, so becoming educated and learning a good daily energy hygiene management system is vital to living in this human body in this Earthly environment.

To learn more about this and to receive a full energy assessment and treatment call Melanie on 07715952896.



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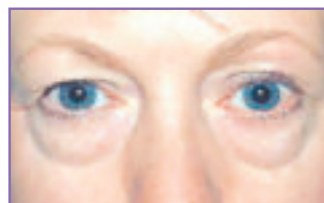


West of England Laser Centre

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The West of England Laser Centre also hold regular laser treatment sessions at Nuffield Health Taunton Hospital. Laser treatments offer an extremely precise form of treatment for thread veins, unwanted tattoos, hair removal, moles and warts and skin pigmentation. Our website at www.welc.co.uk provides details on all our treatments. For further information or to book a consultation please telephone 01823 331773 or e-mail us at lasercentre@lineone.net.



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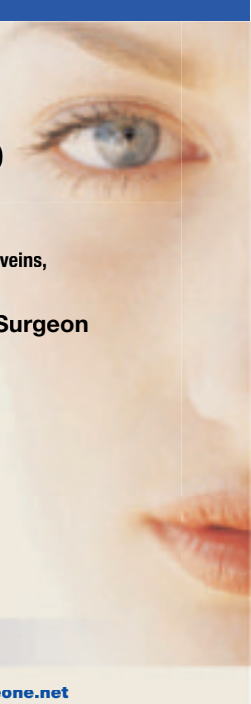
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ADVERTISER'S ANNOUNCEMENT

Stylish new development helps couple escape the rat race

AFTER ESCAPING the rat race, David and Wendy Nelson have finally found their dream home in Axminster thanks to a stress-busting part exchange scheme and a stylish new development in the town.

Moving across the country from their home in Gatwick, the couple had a stop-gap property in Shillingstone in Dorset, before finding out about Bovis Homes' Cloakham Lawns location.

"We had a holiday home nearby and have always loved this area – it's just stunning," says Wendy. "We wanted a change in lifestyle and there is just so much to do in and around Axminster, as well as lovely views wherever you look!"

David, who works part-time fitting black box devices in cars, and Wendy, who is now retired, initially moved into the three-bedroom Sheringham. But not long after moving, the couple decided to take advantage of Bovis Homes part exchange scheme and up-sized into the bigger four-bedroom Canterbury.

"We really liked the location, but wanted more space," explains Wendy. "The process was really simple and Yasmine, the sales advisor, was fantastic and talked us through how it worked."

The Home Exchange scheme takes the stress and hassle out of selling up and moving home, as Bovis Homes buy the purchasers' existing property. It ensures a new Bovis Home is secured without costly estate agent fees and property chains

and the scheme also allows buyers to stay in their existing house until their new home is ready.

"I just fell in love with the Canterbury," says Wendy. "It has such a good flow and just completely suits us. There's lots of storage and we've got space if the family want to come and stay."

The four-bedroom home has a large kitchen and dining area with French doors out into the garden. Upstairs there is a family bathroom as well as a built-in wardrobe and en-suite to the master bedroom.

"The sales team could not have been more helpful. Yasmine was excellent at her job and we couldn't fault her," continues Wendy. "The care and attention from the team was fantastic. Nothing was too much trouble for them and they would do everything they could to help. They were just so caring."

Situated on the edge of Axminster, Cloakham Lawns provides a mix of two, three, four and five-bedroom homes. With all the homes built to a traditional standard, the popular location has welcomed many residents over the past two years.

"Overall, it has been fantastic – the sales team were great and we just love the house. We would definitely recommend Bovis Homes to anyone," says Wendy.

For more information about Cloakham Lawns and the Home Exchange scheme, go to www.bovishomes.co.uk



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Exchange!

Take advantage of our **Home Exchange** scheme and you could be in your dream home sooner than you think!

It's the simple way to make sure you don't lose out on the brand new home you really want - **and it saves you time and money along the way.**

So that's:

- 101% market value
- Guaranteed buyer, no chain
- Confirmed price
- Avoid estate agent fees

Don't forget to ask what's included in the price of your Bovis Home - integrated appliances and ceramic tiles are just two of the many items we include as standard!

Axminster

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OIL PAINTING:

Seascape by M A Miles in a 14" x 18" frame. Bought from Cornish artist gallery in Truro, it originally cost £200 and is now selling for only £50. Tel 07932 765355

OIL PAINTING: Devonshire artist Pilly Turner 'Mount Kenya' painting in a 32" x 10" frame. Now only £45. Tel 07932 765355

1920-30'S White ceramic internal door knobs in a set of four. Comes with some slight damage, at a price of only £35. Tel 07932 765355

NEW quality curtains in a check grey and cream design. These lined eyelet curtains are sized 44" x 54" and are now only £20. Tel 07932 765355

JACK MURPHY ladies coat in size 10. Waterproof, windproof and breathable, this coat comes with a detachable hood and is machine washable. Still in as new condition, it's a real bargain at only £60. Tel 01297 553368

BEAUTIFUL ladies tan handmade shoulder bag. Made from real saddle leather, the bag has an adjustable strap, two internal compartments and outside front flap. Very good, but lightly used condition, the bag is now only £50. Tel 01297 553368

ARCHERY BOOK: Kyudo "The Secret of the Target" for only £35. Tel 01297 553368

553368

GENUINE admiralty navigation charts, including Poole Bay 1950, Harwich Harbour 1939 and Orwell & Stour Rivers 1925. Now only £20 each. Tel 01297 553368

GUITAR: Martin type Dreadnought acoustic with sitka spruce top, good sound and good action. Comes in used condition, at a price of only £60. Tel 01297 553368

ROTEL RT 425 vintage stereo tuner, still in it's original box. Now only £25. Tel 01297 553368

CANON Ixus Z90 35mm Camera with instruction booklet and case. Now only £20. Tel 01297 553368

PRAKTICA BC-1 35mm Camera with 50mm lens and case. Now only £20. Tel 01297 553368

CURTAIN RAIL: Good quality steel in a black finish with ball ends, built-in runners and wall brackets. Sized 7ft 6ins long, it's now only £8. Tel 01297 553368

HIGHCHAIR: A compact and collapsible highchair, ideal for occasional use. Now only £6. Tel 01297 553368

AXMINSTER Tool Centre gift voucher for a one day taster session course, which covers training on engineers lathe, router, pyrography equipment and woodturning lathe. Includes a choice of two dates (either 16th March 2017 or 10th October 2017). This voucher has been kindly donated by the Axminster Skill Centre in aid of my fundraising for Devon Air Ambulance Trust, which will receive all proceeds. With a face value of £70, the voucher is now going for £50 (or more if you wish!). Tel 01297 32967

AS NEW bluetooth 40w TB340 soundbar, that's sized 800mm x 60mm x 60mm. Brilliant sound for tv, it's now only £25. Tel 01297 32967

GARDEN HOSE: A 20m heavy duty hose, that folds flat into a wind-in cassette. Now only £12. Tel 01297 32967

BRAND NEW PIR security light: 80w, 100 led unit, that comes new and completely unused. Now only £12. Tel 01297 32967

SECURITY CAMERA: A brand new and still boxed Fluoron HD digital colour video security camera. Good quality and now only £12. Tel 01297 32967

GARDEN composting systems: Two total still boxed and unused, each having 420 litre capacity. Now only £6 each. Tel 01297 32967

SONY SRS-BTM30 bluetooth wireless speaker system. Mains or battery operated, this is a great, tidy little unit specially designed for phone, pc or any bluetooth supported device. A real bargain at only £15. Tel 01297 32967

ERCOL WINDSOR Quaker dining chairs in Elm/beechn. There are four chairs total (2 of

which are Carvers), now selling for only £150. Tel 07565526524

DIMPLEX electric log effect stove, still in as good as new condition. Comes in black with glowing log burning effects and an optional blow heater. A real bargain at only £45. Tel 01297 443118

ELECTRIC STOVE: GAZCO model in Huntingdon Black, with 1-2kw Variflame technology that has two heat settings and 3 flame brightness levels. Also comes with a remote control. Hardly used, the stove cost £660 in 2013 and is now selling for only £330. Tel 01460 394825

STEEPLETONE portable vinyl record player with 3 speed settings and built in speakers. Comes in as new condition and would make an ideal Childs' Christmas present for a price of only £20. Tel 07542 171829

HOZELOCK pond vacuum, new and still in it's unopened packaging. Now only £55. Tel 01297 22236

HOMEDICS blood pressure monitor. Unused and still in box. Now only £10. Tel 01297 22236

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BOSCH battery hedge trimmer with battery and charger. Bought in the wrong size, it's now only £35 o.n.o. Tel 01297 631330

ROAD Angel Professional safety camera used in cars & vans for covering accident black spots, etc. Now only £40 o.n.o. Tel 01297 631330

ROUTERS (X2): TP-Link routers with 5 ports, Speed Touch 536 by Thompson with DSL/USB/Ethernet, two power trains and connector. All for only £10. Tel 01297 631330

NEW & in box Dart-

ington Crystal plain glass decanter. RRP £40, now selling at £18 o.n.o. Tel 01297 631330

PAIR of snow chains in a bag (9mm chain). The chains will fit most tyres (and I have a size chart). Bought in the wrong size, it cost £75 and is now selling for only £25. Tel 01297 631330

NEW & in box Dartington Crystal plain glass decanter. RRP £40, now selling at £18 o.n.o. Tel 01297 631330

KIDDE carbon monoxide alarm with 7 years warranty for only £10. Tel 01297 631330

TOPRO Troja (s) collar walker and accessories, all in good condition. Will accept any reasonable offer. Tel 01297 624069 or 07428 283837

BRANSCOMBE Forge 5 piece fireplace companion set. Now only £65 o.n.o. Tel 01395 579719

ORNATE iron fire grate for only £55 o.n.o. Tel 01395 579719

CUPRINOL: A 5L tin of 4 year weatherproof paint in garden shades colour Wild Thyme. Cost £28 new, it's still unopened and selling for only £15 (no offers). Tel 01297 32638

ROCKING CHAIRS: Two upholstered fire-side rocking chairs, both very little used. Selling at the bargain price of only £16 each (will sell separately). Tel 01404 841245

LADIES 3/4 length sheepskin coat in size 12. Now only £15. Tel 01460 68047

NEW and still boxed ladies K's slippers. Sheepskin lined, are a blue colour and comes in size 4, D width. Now only £4. Tel 01460 68047

DINING room table and four high back chairs, all in very good condition. The round table has a

42in diameter and is made from light oak. Now only £45. Tel 01395 568803

DISPLAY CABINET, sized 44in wide with three illuminated glass doors and three storage cupboards below. Still in good condition, it's now only £25. Tel 01395 568803

CELESTION telescope with Tripod and storage carry case for only £25. Tel 01395 568803

CHILD'S BIKE: MTX 125 boys bike with 5 gears, 20" wheels and a minimum saddle height of 25". Comes in good working order and appearance, it would make an ideal Christmas present. Now only £20. Tel 01404 46451 or 07976 533520

CASSIO LK80 Keyboard: This keyboard has 73 touch sensitive piano keys and has Many effects (midi). Complete with manual, music stand power supply and keyboard stand. In excellent order. An absolute bargain at £105. Tel 01404 46451 or 07976 533520

CLASSIC GUITAR, still in good, working order. The guitar has a lovely mellow tone and comes with a stand and guitar case. Now only £40. Tel 01404 46451 or 07976 533520

DRUM KIT by Performance Percussion: Full kit of 5 drums with Remo Heads, 2 cymbals, high hat, two foot pedals, stool and a stand for accessories (eg. Woodblock, bells etc.). Shells finished in burgundy, the kit comes used, but in good working order. Now only £125. Tel 01404 46451 or 07976 533520

JUICE EXTRACTOR: Matstone 6-in-one, complete with attachments, manual and recipe book. Hardly

used, this burgundy juice extractor comes in excellent working order. Below half new price, it's now only £75. Tel 01404 46451 or 079765 33520

CHILDS TOYS: Build a bear (9 in total), now only £3 each and one build a bear wardrobe for only £8. Assortment of Hello Kitty and others from 50p-£2. All in excellent condition. Tel 01297 32636

YAMAHA Portatone PSR290 keyboard with adjustable stand plus keyboard music books. Would make a very good Christmas present. Now only £105 o.n.o. Tel 01460 67909

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GUITAR CASE: A padded full size classical guitar case £15. Tel 01297 33745

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TABLE LAMP in burgundy with matching shade, £15. Tel 01935 824029

MENS sports jacket in blue/grey herringbone, medium size, v.g.c. Now only £15. Tel 01935 824029

T A P E S T R Y holdall/travel bag in green, wine and navy mix. Comes unused for a price of only £20. Tel 01935 824029

BMX boys bike: Mon-goose Capture blue boys bike for age range 11 to 16. Comes with rear wheel stand, pegs and "Lezyne" rechargeable lights. Also 2 safety helmets, a bike lock and pump. Now £60 o.n.o. Tel 01297 22294

FINLUX 43" 4K Ultra HD TV with passive 3D. Has a great picture and the 4K 3D is

amazing. Only 6 months old, the TV comes with 10 pairs of glasses and over 100 full length 3D films on a portable hard drive. The films are free, but not the hard drive, so copy or swap hard drives. Comes with original box and is now only £250. Tel 01297 445396

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GUITAR: Gear4 music twelve string dread-naught guitar with padded bag. Comes in immaculate condition for a price of only £50. Tel 01935 579730

DOVECOTE in grey and white. Would be suitable for wall mounting. Now only £85. Tel 01297 22603

DRUM STICKS (x4) some with nylon tips for only £10. Tel 07932 765355

RINGS: Two 9ct gold rings; one with 12 rubies and 8 small diamonds and a diamond solitaire ring (small diamond). Now only £130. Tel 07932 765355

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PORTABLE Welder: Like new and still in original box. Now only £70. Tel 07932 765355

NEW and still in the box, large wooden bathroom wall cabinet. It cost over £200 from Bathstore, it's selling for just £60. Tel 07932 765355

NEW Met Posts (x11), suitable for 50mm timber posts. Price £45 for all 11. Tel 07932 765355

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THE ULTIMATE LEISURE GUIDE FOR
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View 2



WILLE AND THE BANDITS

Roots rock trio to play
The Beehive in Honiton
this January

See page 21

Diary Dates

THURSDAY DECEMBER 29TH
CREWKERNE: Crewkerne Folk Dance Club 8-10pm at St Bartholomew's Church Hall. Every Thursday. Entry £2.50, but first visit free. For more details call 01460 77320 or 75760.

FRIDAY DECEMBER 30TH
STOCKLAND: Candle lit concert in Stockland Church, 7pm for 7.30pm. Bar and nibbles. Tickets £10, £8 child. For more details call 01404 881207.

SUNDAY JANUARY 1ST
CHARD: The Church of the Good Shepherd The Holy Family. Mass (sung) 9.45am. Nine Lessons and Carols, 3pm.
CREWKERNE: Classic Car Meet. Haselbury Mill, just off A30 East of Crewkerne. £2 entry, no need to book, just turn up. 10.00am-2.00pm. Hog Roast and Licensed bar available. Great Cars, Great Company and Great Atmosphere. See www.yeovilcarclub.com for information on Club events.

TUESDAY JANUARY 3RD
AXMINSTER: Axminster Probus Club for retired and semi-retired business and professional men meets at 10.00 for 10.30am in a private room at the A35 Pit Stop, Gammons Hill, Kilmington for a talk by Bonny Sartin of The Yetties and an optional lunch. For further details ring 01460 220528.
CHARD: Chard Ladies' Evening Guild will have a talk by Richard Kay from Lawrence's Antiques, entitled "An Auctioneer's 10 Commandments". Everyone is welcome to join us at 7pm at Manor Court School.
CREWKERNE: Computer Drop-in at Henhayes Centre - Questions answered and help provided. 10.00 am to 12 noon, £2/£3.
CREWKERNE: Tuesday Welcome Group at Henhayes Centre. £2.50 incl coffee per session. For people 50+ who like to meet other people and enjoy a few activities like painting, pottery, music, quizzes and occasional bingo. Transport can be arranged (£3.00) and members usually stay for a cooked lunch priced at £6.00 including tea or coffee. Please call 01460 74340 for further details.
CREWKERNE: Henhayes Knitters at Henhayes Centre. Come and enjoy a knit and natter afternoon and make items for yourself or for sale at the Centre. 2-4pm

WEDNESDAY JANUARY 4TH
SEATON: Jurassic Folk and Jam Club at Eyre Court, 2 Queen Street, 8-10.30pm. Music and song for all to enjoy. Free admission for musicians, singers and spectators. For more details call 01404 46451 or 549903, or visit www.jurassicfolkandjam.com
SEATON: Yoga with a Chair. Free Taster session 1.30pm to 2.30pm at the Gateway, Fore St. Yoga for EVERY body. Info. Yvonne 01297 20326 waite@relaxatseaton.co.uk
AXMINSTER: Our Local WW2 Airfields: Dunkswell, Upton and Exeter A fascinating talk by members of the Southwest Airfields Heritage Trust explaining the crucial role of these key airfields. Axminster Historical Society, 7.30pm The Bradshaw Meeting Room, Axminster Heritage Centre, Silver Street, Axminster, EX13 5AH All welcome!
CREWKERNE: Christmas Bingo at Henhayes Centre - £5.30 (£4.80 for members) for 6 books of 12 games - "eyes down" at 2.30pm. Bar open, refreshments available, raffle.

THURSDAY JANUARY 5TH
CREWKERNE: Crewkerne Folk Dance Club 8-10pm at St Bartholomew's Church Hall. Every Thursday. Entry £2.50, but first visit free. For more details call 01460 77320 or 75760.

EXETER: Adoption Information meeting at Kenn Centre, Exeter Road, Kennford, EX6 7UE, 6.30-8.30pm.
CHARD: Chard Camera Club meeting in the Baptist Church, Holyrood Street 7.30pm. The members will be trying their hand at photography lighting, modelling and macro work. Anyone wishing to join them can do so by turning up on the evening. Further details can be obtained from their website www.chardcameraclub.org.uk or by ringing the Temp: members secretary Mr Malcolm Brocklehurst 01460 68616

CREWKERNE: Over 50s Keep Fit at Henhayes Centre - 10.00 am to 11.00 am. £2.50 for members/ £3.50 for non-members

CREWKERNE: Physio Fit at Henhayes Centre - 10.30 am to 11.45 am. £2 for members/ £3 for non-members.

CREWKERNE: Short Mat Bowls. 2-4.30pm at Henhayes Centre. New members welcome, come and give it a try.

SUNDAY JANUARY 8TH
CHARD: The Church of the Good Shepherd Epiphany Sunday. Mass (sung) 9.45am.

MONDAY JANUARY 9TH
CHARD: Honiton Art Society Meeting. Watercolour demonstration by Lynda Kettle, Awliscombe Village Hall, 2 to 4pm. New Members and Visitors always welcome. Visitors £4
CREWKERNE: Short Mat Bowls. 7-9.30pm at Henhayes Centre. New members welcome, come and

Prizewinners on Parade

THE FIRST exhibition of the year at Ilminster Arts Centre celebrates the success of the artists who were the prizewinners of the Ilminster Open Competition in 2016. As part of their prize, the artists won the chance to exhibit at the Arts Centre and now their moment in the spotlight has arrived. "We are thrilled to welcome back all the winning artists" says exhibition co-ordinator Ann Palmer, "and to see what they've been working on since August".

Heading the bill is the overall winner Jane Burden, a West Dorset based artist whose mixed media textile and ceramic pieces pack a powerful emotional punch. Her site specific commissions and exhibitions have taken her all

over England and her return to Ilminster Arts Centre is keenly anticipated. Former ad-man Peter Monkcom won second prize jointly with Charo Ritchie and both artists will be showing their latest work. Peter (who in his earlier career created the legendary 'Captain Birdseye' of fishfinger fame) uses found objects to construct witty 'assemblages'. Charo is a botanical illustrator who captures the natural world in painstaking watercolour detail. Sue Smallwood, the winner of the 3D prize will also be showing her new pieces - her enigmatic ceramic sculpture 'Jani' was one of the talking points of the 2016 Open. West Somerset based artist Leo Davey won the highly cov-

eted 'Visitors' Choice' award and his highly accomplished evocative paintings will once again grace the Arts Centre's walls.

The eclectic and varied line-up is completed by the three Highly Commended prizewinners: wildlife painter Sue Allen, mixed media artist Imogen Bittner and environmental painter Gary Cook, whose work fuses traditional painting and hard-hitting graphics.

The show opens on January 3rd, running until the 21st, and will be a welcome opportunity to revisit and explore in depth the work of a talented and diverse group of local artists. The exhibition is open 9.30am-4.30pm Monday to Friday, and 9.30am-2.30pm Saturdays. Free entry.

Jazz on the twelfth night

THE FIRST concert of the year at Ilminster Arts Centre takes place on Twelfth Night, and promises to get 2017 off to a vintage start, with the return of jazz pianist Mike Denham on Friday, January 6th. Mike is a hugely popular performer at the Arts Centre and this concert will take the form of one of his entertaining 'SpeakEasy' nights of vintage jazz.

Joining Mike for this journey back in jazz time is clarinetist Mike Snelling. Weymouth-born Mike took up clarinet at the tender age of 10 and he has been a fixture on the UK traditional jazz scene for many years, originally playing with Alex Welsh, and latterly with Chris Barber between 2006-9. Over the years he has worked alongside many of the world's finest players, including Michael Andrew, "Peanuts" Hucko, Ralph Sutton, Bud Freeman, Buddy Tate, Bob Wilbur and Kenny Davern. Together the two Mikes will entertain the Arts Centre audience with a foot tapping, nostalgia soaked trip through the jazz classics of yesterday.

Mike Denham is one of the most popular performers at the Arts Centre, and his concerts generally play to a full house. A brilliant pianist, Mike has a profound and enduring love of early jazz, and his trademark repartee is studded with an array of amusing but informative anecdotes about the world of jazz. Mike's repertoire ranges across American jazz from the early 20th century through to 50s Rock and Roll. He plays classic rags by Scott Joplin, the blues and stomps of Jelly Roll Morton and Fats Waller, and popular songs by George Gershwin and Irving Berlin, as well as eight-to-the bar boogie and blues from Meade Lux Lewis and Albert Ammons through to the somewhat more up-to-date "Fats" Domino.

This will be an evening of music from the golden age of jazz played by two masterful musicians. Advance booking is strongly recommended.

Mike Denham's SpeakEasy comes to Ilminster Arts Centre on Friday, January 6th at 8pm. Tickets are £12, and a pre-show supper is available for £14 at 7pm but must be pre-booked. For more details and to book call 01460 54973 or visit www.themeetinghouse.org.uk



Mike Denham

Colyton, Colyford and District Memory Café
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The first Wednesday of each month 2 - 4pm

If you, a friend or a loved one is suffering from memory loss or has been diagnosed with early dementia we offer an afternoon of friendship and support for you and your carer.

Our volunteers are available to carers for a quiet chat and can provide information, leaflets and signposting advice. We also aim to have regular visits from health professionals.

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MIKE DENHAM'S SPEAKEASY
Friday 6 January 8pm
 Tickets £12 (pre-show supper £14 at 7pm, must be pre-booked) Vintage jazz with special guest clarinetist Mike Snelling.

NINA SIMONE TRIBUTE
Friday 13 January 8pm
 Tickets £14 (pre-show supper £14 at 7pm, must be pre-booked) Soulful jazz vocals from Louise Parker, with Matt Carter on piano.

The Arts Centre will close for Christmas at 12 noon 24 December, reopening at 9.30am on Tuesday 3 January.

Box Office: 01460 54973
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 East Street, Ilminster, Somerset, TA19 0AN
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Diary Dates

give it a try.
TUESDAY JANUARY 10TH
CREWKERNE: Computer Drop-in at Henhayes Centre - Questions answered and help provided. 10.00 am to 12 noon, £2/£3.

CREWKERNE: Tuesday Welcome Group at Henhayes Centre. £2.50 incl coffee per session. For people 50+ who like to meet other people and enjoy a few activities like painting, pottery, music, quizzes and occasional bingo. Transport can be arranged (£3.00) and members usually stay for a cooked lunch priced at £6.00 including tea or coffee. Please call 01460 74340 for further details.

CREWKERNE: Henhayes Knitters at Henhayes Centre. Come and enjoy a knit and natter afternoon and make items for yourself or for sale at the Centre. 2-4pm

WEDNESDAY JANUARY 11TH
AXMINSTER: Free Make & Munch with HALFF (Health and Local Food for Families). 10.30am-12.30pm. For parents and carers of children (0-18), a hands-on course of six sessions. Have fun preparing simple delicious food and enjoy eating it together. Pre-school age children welcome with parents/carers. New venue Masonic Hall, South Street, Axminster. To book a place call Ros on 01297 631782 for more information or email admin@halff.org.uk.

THURSDAY JANUARY 12TH
CREWKERNE: Crewkerne Folk Dance Club 8-10pm at St Bartholomew's Church Hall. Every Thursday. Entry £2.50, but first visit free. For more details call 01460 77320 or 75760.

SEAVINGTON: Seavington gardening club - the Garden writer Sally Nex will be giving her first hand experience of "Behind the Scenes at Chelsea" The meeting will be held in Seavington Millenium Hall at 7.30 pm. Visitors welcome, £2 at the door. Details on 01460 929605.

CHARD: Chard Royal Naval Association will be meeting at their new location for their monthly meetings at 7.30pm at the Chard Rugby Football Club, Essex Close. This first meet of the New Year will be their AGM. The association invite any person wishing to join the association to turn up on the night where they will be made most welcome.

SATURDAY JANUARY 14TH
HINTON ST GEORGE: 'Flix in the Stix' presents 'AN-THROPOID' (15), in the Hinton Village Hall at 7.30 pm. Tickets £5 in advance from the Village Shop and Dorothy's Tea Room, or £5.50p on the door. To reserve Tickets please contact Bob Kefford on 01460 72563.

MONDAY JANUARY 16TH
CREWKERNE: Crewkerne Awareness January Meeting. Guest Speaker: Paula Jackson on 'Divination By Tea Leaves'. At the Meeting Room, Unitarian Chapel, Crewkerne. 7pm - 9.30pm. Admission £2.50 (Includes Light Refreshments) Everyone Welcome. Further details telephone Anastasia 01460 351019

TUESDAY JANUARY 17TH
AXMINSTER: Cooking for One Demo with HALFF (Health and Local Food for Families). 11.00am-12.30pm. Free healthy cooking demonstrations giving hints and ideas for cooking for one and covering nutritional advice for type 2 diabetes, heart disease and high blood pressure. New venue United Reformed Church, Chard Road, Axminster. No need to book, just turn up, it's free. Call Hannah on 01297 631782 for more information or email hannah@halff.org.uk.

WEDNESDAY JANUARY 18TH
COLYTON: Devonshire Association Axe Valley Branch at the The Pavilion, Peace Memorial Playing Fields, 2:30pm "East Devon Pebble-bed Heathland" Dr. Sam Bridgewater - Nature Conservation Manager, Clinton Devon Estates - will talk about one of the largest areas of lowland heathland in the UK with many rare species of plants and birds. All welcome, admission £1 for DA members, non-members £3. Details from 01297551529 or brian_denham@talktalk.net
SEATON: Jurassic Folk and Jam Club at Eyre Court, 2 Queen Street, 8-10.30pm. Music and song for all to enjoy. Free admission for musicians, singers and spectators. For more details call 01404 46451 or 549903, or visit www.jurassicfolkandjam.com
CLAPTON: Jumble Sale in aid of the Birkett-Smith Animal Sanctuary, 2-4pm at Clapton & Wayford Village Hall. Donations to be dropped off 10am-12pm. For more details call 01460 74654.

THURSDAY JANUARY 19TH
CREWKERNE: Crewkerne Folk Dance Club 8-10pm at St Bartholomew's Church Hall. Every Thursday. Entry £2.50, but first visit free. For more details call 01460 77320 or 75760.
CHARD: Chard Camera Club will be holding an inter club competition with Wellington Camera Club at 7.30pm in the Baptist Church Hall.

Fifty years on, legendary folk duo release their first album

IT'S BEEN 50 years since Wizz Jones invited Ralph McTell to Cornwall to play with him at the now legendary Folk Cottage. Now, half a century later, the duo have recorded their first album together, and will play live at The Beehive on Friday, February 10th at 7.30pm.

Ralph McTell recalls: "April 1966 and I was just back from living in Paris and playing the streets in the Latin Quarter. I was playing at a coffee bar called 'Under the Olive Tree' in Croydon when Wizz invited me to come and play guitar with him in Newquay, Cornwall. Wizz was already a legend and I would have walked to Cornwall for the opportunity."

"It was a life-changing move for me. It was one of the most wonderful summers I have spent, playing with Wizz. We have become life-long friends. We have played on each other's albums and recordings many times in many places. We always talked about making a whole album, and then we did - 'About Time', 50 years on!"

Wizz Jones continues: "In the

spring of 2015 I got a phone call from my long-time friend Ralph McTell. 'We should do an album together sometime', he suggested. 'When?' I asked. 'How about now?' came the reply. A couple of weeks later I once again drove westward, as I had done a thousand time before, to what I like to call my spiritual home of Cornwall."

"It was a wonderful opportunity to re-live our busking days together and remember those glorious summers of the 1960s, playing at the now-legendary 'Folk Cottage' in Mitchell. I spent a couple of days in John's studio, putting down a few tracks - mostly old favourites - and all too soon I had to return to my actual home in South London. So here's the result - back to the roots for two Croydon boys who only ever wanted to be Woody Guthrie or Jack Kerouac."

This is a rare and truly

unmissable chance to hear these two master performers together, singing and playing a wide range of tunes and songs. Book now!

Ralph McTell and Wizz Jones play at the Beehive, Honiton on Friday, February 10th at 7.30pm. Tickets are £20 (seated) available by calling 01404 384050 or from beehivehoniton.co.uk.



Wizz Jones



Ralph McTell

Wille and the Bandits ride into Honiton

HAVING toured their unique brand of roots rock with the likes of Deep Purple, Joe Bonamassa, The John Butler Trio and Status Quo, Wille and the Bandits are currently touring Germany prior to launching their new album *Steal* in January.

The band are famous for creating an astonishingly huge sound, incorporating eclectic grooves from World music to Heavy Rock, using bizarre instrumentation such as Tongue Drum, Djembe, Lap steel guitar and Double bass they push the boundaries of what is expected of a modern three piece. Although difficult to pigeon hole, Wille and the Bandits are taking roots rock music to a new level.

Wille and the Bandits are renowned for their diverse songwriting and often likened to the greats of the 70's such as Led Zeppelin, Santana and Pink Floyd, this comparison, although bold, only scrapes the surface of the Bands influences and sound.

Wille and the Bandits are on a journey

which has so far been miraculous. All achieved through hard work and a true passion for making music. Playing over 200 shows a year these guys are really tight. So please do not miss the opportunity to see one of the most impressive live acts of this generation.

Wille and the Bandits play at the Beehive, Honiton on Saturday, January 17th, at 8pm.

Tickets: £10 in advance, £12 on the door (Standing with some seating available).



Wille and the Bandits

the beehive



For all event details visit

www.beehivehoniton.co.uk

Beehive box office: 01404 384050

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RALPH McTELL & WIZZ JONES

Fri 10 Feb 7.30pm

£20 (seated)

It was 50 yrs ago that Wizz invited Ralph to Cornwall to play with him at the now legendary Folk Cottage. 50 yrs later Ralph invited Wizz back to record their first album together called "About Time."

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Axminster Panto Tickets now on sale

TICKETS are now on sale at Archway Bookshop in Church Street for Axminster Drama Clubs 2017 pantomime Robinson Crusoe which will take place at the Guildhall between Thursday 19th to Saturday, January 21st with a matinee on the 21st.

For months now members of the club have been hard at work making costumes, learning lines and dance routines and everything else that goes into one of ADC's pantomimes as well as thoroughly enjoying themselves. It looks like a show not to be missed.



Axminster Drama Club in rehearsal

Axminster Drama Club
Presents....
Robinson Crusoe
The Pantomime
Written by Paula Smith
Thursday 19th - Saturday 21st January 2017
at 7.30pm, Saturday Matinee at 2.30pm
The Guildhall Axminster
Directed by Mike Speller & Jack Price
noda
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OUR NEW SHOWBIZ COLUMN

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WITH the end of 2016 fast approaching, I thought it would be fitting to appraise my adventures in theatreland over the last 12 months. It's been an epic year, as I've visited over 30 amateur shows and around 150 different professional productions. I've revisited some of my favourite long running musicals, including Wicked (which I watched eight times), Kinky Boots (five times) and The Phantom of the Opera (just twice!).

I have also met and interviewed around 50 celebrities of varying degrees of fame including Sir Ian McKellen (intelligent and imposing), Catherine Tate (frosty), David Haselhoff (bizarre) and one of my musical

theatre idols, Ruthie Henshall, who was an absolute delight. The highlight however, was when I got to have coffee with some of the real Calendar Girls, who were promoting a new musical based on their story, which has been written by Gary Barlow and Tim Firth and will open in the West End early next year. I was taken with how passionate they are about the charity they set up over 18 years ago to raise money for victims of blood cancer and their families- truly inspirational.

I also caught some new shows including Harry Potter and the Cursed Child (awesome, but I had a nap), Dreamgirls (superb), Half a Sixpence (glorious) and Aladdin (heart-warming)

plus a few, which have already been and gone like Groundhog Day, Guys and Dolls, Funny Girl, and Mrs. Henderson Presents.

I've seen straight plays, comedies, circus, one man shows, two handers, Shakespeare and some fully staged extravaganzas, but I have to say it's still the musicals, which are my real source of joy, with shows like Kinky Boots, The Book of Mormon and Mamma Mia!, always worth a visit if you are feeling low.

If I had to choose my favourite, it is still Wicked however; the musical which follows the witches of OZ and offers everything I want from a night out at the theatre. I'll be sneaking along to the Apollo Victoria theatre to see it next week for the 21st time!

From the plethora of local talent I have been very fortunate to witness this year I would have to choose Colyton Theatre Group's Cinderella as my top production; hilariously funny, well directed and not too self-indulgent (something which is often an issue with non-professional shows).

2017 will offer another theatrical feast for audiences in the local area, with both Lyme Regis Pantomime Society and Axminster Drama Club

presenting their takes on Robinson Crusoe at the beginning of the year. Cudos in Crewkerne are promising an extravaganza with their pantomime Rapunzel and the Membury Merry-makers are putting on Pandora's Box The Pantomime in their village hall. Other highlights will include Bridport Musical Theatre Company's Showstoppers, Axminster Musical Theatre's Magic of the Musicals, Lyme Regis Musical Theatre's presentation of the classic musical comedy Thor- oughly Modern Millie and Axminster Drama Club Youth's production of the heartbreaking Blood Brothers in July.

In London, there are hundreds of Off-West Shows, which are set to be big hits next year including The Wild Party at The Other Palace (which stars my dear friend and Tony Award winner Frances Ruffelle), Stephen Sondheim's Frogs at the Jermyn Street Theatre and Burt Bacharach's Promises, Promises at Southwark Playhouse. The big West End openings include The Girls, Follies, An American in Paris, 42nd Street and Stepping Out, which boasts an all-star cast including Amanda Holden and Tamsin Outhwaite (I watched the



Colyton's performance of Cinderella is a local highlight from the last 12 months

play when it was on tour and I wasn't impressed!). The biggest opening of the year however, will be Hamilton at the Victoria Palace; an American musical, which has taken the world by storm and promises to be the West End's

hot ticket next Christmas.

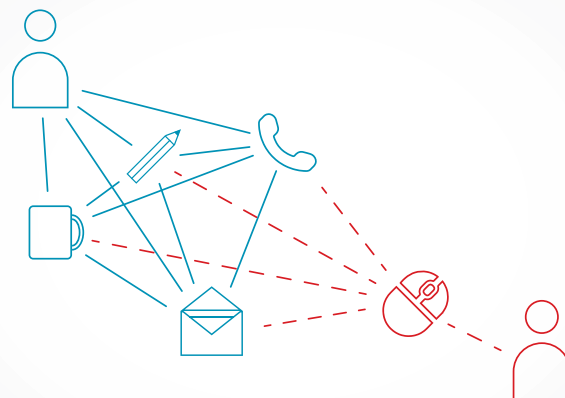
I've still got a couple more shows to fit in before the end of the year with the cult musical Rent and the David Bowie musical Lazarus on my schedule.

With so many

shows to see next year, I'm not sure how I will find the time. Well, that's not really true, as my theatre addiction will ensure I fill as many of the 525600 minutes (it's a lyric from Rent!) of 2017 with theatre as I can.

You can read all of my reviews and interviews on our websites londonnews.co.uk and viewnews.co.uk or you can follow me on Twitter for regular updates @NickySweetland

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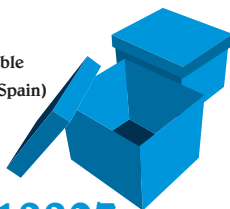
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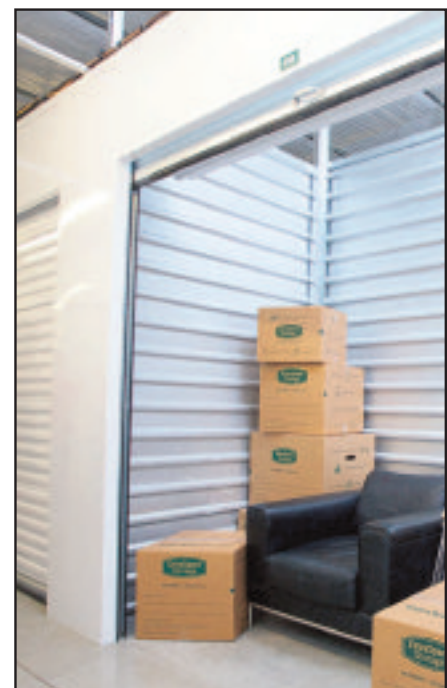
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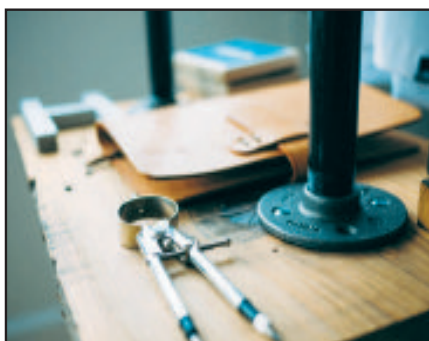
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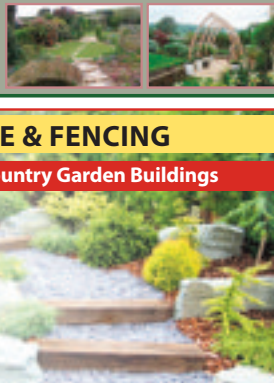
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Mercedes-Benz reveals pricing and specification for new E-Class Coupé

The new Mercedes-Benz E-Class Coupé is now on sale with prices starting from £40,135 for the E 220 d. The E 300 is available from £41,025, while the E 400 4MATIC starts from £50,775.

The E-Class Coupé is available with a choice of one diesel and two petrol engines. The E 220 d features a 2.0-litre diesel engine, capable of generating 194 hp and 400 Nm. It emits just 119 g/km of CO2 and can achieve up to 61.4 mpg on the combined cycle. It can reach 62 mph from standstill in 7.4 seconds.

The E 300 uses a 2.0-litre turbo-charged petrol engine with an output of 245 hp and maximum torque of 370 Nm. It emits 160 g/km of CO2 and delivers up to 40.4 mpg, while it can sprint from 0 to 62 mph in 6.4 seconds. The E 400 4MATIC has a biturbo 3.0-litre V6 petrol engine generating 333 hp and 480 Nm, while emitting 189 g/km of CO2 and delivering up to 33.6 mpg. It can reach 62 mph from standstill in 5.3 seconds.

The new E-Class Coupé is available in one highly-equipped trim line: AMG Line. Standard

specification includes sports exhaust system (E 300 only); 19-inch five-twin-spoke alloy wheels; high performance LED headlights and tail lights; parking pilot including parking sensors and reversing camera; belt feeder; Magic Vision Control; ambient lighting with a choice of 64 colours; 8.4-inch infotainment screen with Garmin navigation system (Comand Online with 12.3-inch screen is standard on E 400 4MATIC); split folding rear seats; Active Brake Assist; steering wheel-mounted touchpads; Artico and Dinamica upholstery and heated front seats.

The Premium equipment line is optionally available for £2,795 and includes Memory package; panoramic sunroof; and Keyless Go comfort package. The Premium Plus equipment line (£3,895) adds Multibeam LED intelligent light system and Burmester surround sound system.

The Lane Tracking package is available for £595 and includes Blind Spot Assist and Active Lane Keeping Assist.

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Comand Online is available for £1,495 (standard on E 400 4MATIC) and adds a 12.3-inch infotainment screen. When combined with the £495 12.3-inch cockpit display, this creates a

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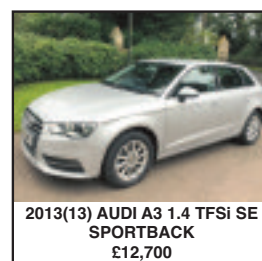
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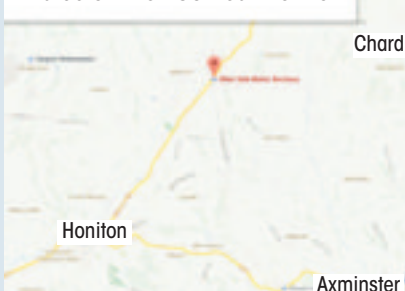
Vehicle Details

Mileage 37,000 miles
Owner(s) 2 registered
Transmission Manual
Fuel Petrol

Vehicle Features

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Stunning Example
One Previous Owner
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Full MOT
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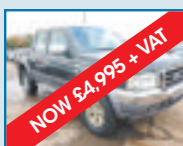
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2007/07 AUDI A3 2.0 TDI S LINE SPORTBACK QUATTRO 5 DOOR HATCHBACK, Manual, Diesel, Red, 94,000 Miles, 13 Months Warranty, One Owner From New, Superb Example, Full MOT, Warranted Mileage, Climate Control, Leather Seats, Alloy Wheels (18in)**£5,995**



2006/56 FORD RANGER 2.5 TDDI XLT THUNDER DOUBLE CAB PICKUP 4X4, Manual, Diesel, Black, 87,000 Miles, 13 Months Warranty, 2 Previous Owners, Good Service History, Full MOT, Warranted Mileage, Metallic Paint, Electric Windows**£4,995 + VAT**



2007/56 BMW 330 D SE 2 DOOR COUPE, Manual, Diesel, Green, 116,000 Miles, 13 Months Warranty, One Previous Owner, Full Service History, Full MOT, Warranted Mileage, Air-Conditioning (Automatic), Cruise Control, Parking Aid**£6,495**



2013/63 DACIA SANDERO STEPWAY 1.5 DCI AMBIANCE 5 DOOR HATCHBACK, Manual, Diesel, White, 38,000 Miles, 13 Months Warranty, One Owner From New, Full Service History, Full MOT, Warranted Mileage, Electric Windows, Metallic Paint, Bluetooth Connectivity, CD Player and AUX Input**£6,250**



2011/11 BMW 118D M SPORT 3 DOOR HATCHBACK, Manual, Diesel, White, 80,000 Miles, 13 Months Warranty, Full Service History, One Previous Owner, Full MOT, Warranted Mileage, Air Conditioning, Park Distance Control (PDC), Alloy Wheels, CD Player**£7,995**



2013/63 KIA SPORTAGE 2.0 CRDI KX-4 AWD 5 DOOR SUV, Manual, Diesel, Black, 56,000 Miles, Kia Warranty Valid Until Sept 2020 or 100,000 Miles, One Owner From New, Full Service History, Superb Example, Full MOT, Warranted Mileage, Panoramic Sunroof, Sat Nav, Reversing Camera**£14,995**



2011/11 BMW 318 D M SPORT 5 DOOR ESTATE, Manual, Diesel, White, 120,000 Miles, £30 Road Tax, 13 Months Warranty, Stunning Example, Full Service History, One Previous Owner, Full MOT, Warranted Mileage, Air Conditioning, Cruise Control, Park Distance Control**£7,995**



2012/62 NISSAN JUKE 1.5 DCI TEKNA 5 DOOR HATCHBACK, Manual, Diesel, White, 54,000 Miles, 13 Months Warranty, One Owner From New, Superb Example, Full Service History, Full MOT, Warranted Mileage, Nissan Connect with Touch Screen Navigation, Heated Front Seats**£8,495**



2010/10 MITSUBISHI L200 2.5 Di-D WARRIOR AWD DOUBLE CAB 4 DOOR PICKUP, Manual, Diesel, Blue, 100,000 Miles, 13 Months Warranty, Full Mitsubishi Service History, 2 Previous Owners, Full MOT, Warranted Mileage, Air-Conditioning, Alloy Wheels, Electric Windows, Radio/CD/MP3, Leather Seats**£7,995 + VAT**

PETROLS



2007/07 HONDA JAZZ 1.4 i DSI SPORT 5 DOOR HATCHBACK, Manual, Petrol, Blue, 32,000 Miles, 13 Months Warranty, One Owner From New, Fully Serviced Before Sale, Full MOT, Warranted Mileage, Radio/CD Player, Air-Conditioning, Electric Windows, Rear Parking Sensors**£3,495**



2011/60 HONDA JAZZ 1.4 i-VTEC ES 5 DOOR HATCHBACK, Manual, Petrol, Black, 37,000 Miles, 13 Months Warranty, Stunning Example, One Previous Owner, Full Service History, Full MOT, Warranted Mileage, Manual Air-Conditioning, Stereo CD Tuner with MP3**£5,495**



2009/09 AUDI A3 1.6 SE 3 DOOR HATCHBACK, Manual, Petrol, Black, 73,000 Miles, 13 Months Warranty, Stunning Example, Full Service History, 2 Previous Owners, Full MOT, Warranted Mileage, Audi Navigation System, Manual Air Conditioning, 16in x 6.5J 7 - Arm Design Alloy Wheels**£5,495**



2009/09 BMW 116i SPORT 3 DOOR HATCHBACK, Manual, Petrol, Black, 47,000 Miles, 13 Months Warranty, Full Service History, Full MOT, Warranted Mileage, Air Conditioning, CD MP3 Player, Auxiliary Input, Alloy Wheels**£5,495**



2007/07 NISSAN 350Z 3.5 V6 2 DOOR COUPE, Manual, Petrol, Black, 60,000 Miles, 13 Months Warranty, Full Service History, Stunning Car, Full MOT, Warranted Mileage, Private Plate Stays With The Car, Climate Control, In Car Entertainment (Radio/Cassette/CD Autochanger), Alloy Wheels**£8,495**



2004/04 TOYOTA RAV4 2.0 VVT-i XT3 3 DOOR 4X4, Manual, Petrol, Silver, 110,000 Miles, 13 Months Warranty, Superb Example, Full Service On Sale, Full MOT, Warranted Mileage, Air-Conditioning, Electric Windows, Alloy Wheels, Radio/CD**£3,250**



2009/59 AUDI Q5 2.0 TFSI SE QUATTRO 5 DOOR SUV, Manual, Petrol, Silver, 43,000 Miles, 13 Months Warranty, One Previous Owner, Full Service History, Full MOT, Warranted Mileage, Climate Control, Rear Acoustic Parking Sensors, Hill Descent Assist, Leather Upholstery, CD Player with MP3 Compatibility**£12,495**



2005/05 MINI COOPER 1.6 2 DOOR CONVERTIBLE, Manual, Petrol, Gold, 42,000 Miles, 13 Months Warranty, Superb Condition, Full Service On Sale, Full MOT, Warranted Mileage, 3 Previous Owners, Park Distance Control, Alloy Wheels**£3,995**



2008/08 SUZUKI SWIFT 1.6 VVT SPORT 3 DOOR HATCHBACK, Manual, Petrol, Black, 82,000 Miles, 13 Months Warranty, Full Service History, Full MOT, Warranted Mileage, Air-Conditioning, Tinted Glass, Alloy Wheels (15in), In Car Entertainment (Radio/CD)**£3,495**

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2004/54 FORD KA 1.3 3 DOOR HATCHBACK, Manual, Petrol, Orange, 83,000 Miles, 13 Months Warranty, Full MOT, Warranted Mileage, Stereo FM Radio/Cassette Model 1000 Removable Control Panel, Tinted Glass, 4 seats**£850**



2002/52 PEUGEOT 206 1.4 LX 3 DOOR HATCHBACK, Automatic, Petrol, Blue, 68,000 Miles, 13 Months Warranty, Good Service History, Recent Cambelt Change, Full MOT, Warranted Mileage, Electric Sliding Sunroof, In Car Entertainment (Radio/Cassette)**£1,495**



1999/V HONDA CR-V 2.0 ES 5 DOOR STATION WAGON, Petrol, Manual, Green, 163,000 Miles, 13 Months Warranty, 3 Previous Owners, Full MOT, Warranted Mileage, Sunroof Electric, Electric Windows (Front/Rear), CD Player, 5 seats**£1,295**



2008/58 FORD C-MAX 1.8 TDCi ZETEC 5 DOOR MPV, Manual, Diesel, Grey, 106,000 Miles, 13 Months Warranty, One Previous Owner, Full Service History, Full MOT, Warranted Mileage, Air-Conditioning (Automatic), In Car Entertainment (Radio/CD)**£2,995**



1999/V VOLKSWAGEN PASSAT 1.9 TDI PD SE 4 DOOR ESTATE, Manual, Diesel, Green, 174,000 Miles, 13 Months Warranty, One Previous Owner, Good Service History, Very Tidy Example For Age, Full MOT, Warranted Mileage, Radio Cassette**£1,295**



2003/53 PEUGEOT 406 2.0 HDi SE 4 DOOR SALOON, Manual, Diesel, Blue, 113,000 Miles, 13 Months Warranty, Good Service History, Full MOT, Warranted Mileage, Alloy Wheels (16in), Computer (Driver Information System), Electric Windows, Part Leather**£1,650**

AUTOMATIC



2004/04 VOLVO V70 2.4 D5 SE GEARTRONIC 5 DOOR ESTATE, Automatic, Diesel, Blue, 121,000 Miles, 13 Months Warranty, Good Service History, 3 Previous Owners, Full MOT, Warranted Mileage, Climate Control, Cruise Control, Leather Faced Sports Upholstery, Radio/CD Autochanger**£2,995**



2005/05 FIAT PANDA 1.2 4X4 5 DOOR HATCHBACK, Manual, Petrol, Silver, 53,000 Miles, 13 Months Warranty, One Previous Owner, Full MOT, Warranted Mileage, In Car Entertainment (Radio/CD), Climate Control, Electric Windows (Front), Alloy Wheels**£2,995**



2003/03 MAZDA MX-5 1.8 2 DOOR CONVERTIBLE, Manual, Petrol, Silver, 70,000 Miles, 13 Months Warranty, Good Service History, Full MOT, Warranted Mileage, In Car Entertainment (Radio/Cassette), Electric Windows**£1,995**

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2010 (60) Audi A4 ALLROAD 2.0 TDI CR Quattro 5dr, Manual, Diesel, Estate, 61,000 miles, Deluxe 3-Zone Climate Control, Electric Windows.....£12,495



2009 (09) Land Rover FREELANDER 2 2.2 TD4 XS 5dr, Automatic, Diesel, SUV, 58,000 miles, Audio System DAB Radio, Front & Rear Parking Aid.....£10,795



2011 (11) Audi A6 AVANT 2.0 TDI S Line 5dr, Manual, Diesel, Estate, 85,000 miles, Full Service History, Just Had Cam Belt & Water Pump, Alloy Wheels£9,995



2011 (11) Subaru Legacy 2.0 D SE Sports Tourer 5dr, Manual, Diesel, Estate, 52,000 miles, Full Black Leather Heated Seats, Full Stamped Subaru Service History£9,995



2012 (61) Volkswagen Touran 2.0 TDI BlueMotion Tech SE 5dr, Manual, Diesel, MPV, 81,000 miles, Air Conditioning, Cruise Control, Park Assist£9,795



2007 (07) Audi TT 2.0 TFSI 3dr, Manual, Petrol, Coupe, 79,000 miles, Full Main Dealer Service History, Alloy Wheels, Xenon Plus Headlights£7,495



2012 (62) Peugeot 208 1.6 e-HDI FAP Allure 3dr, Manual, Diesel, Hatchback, 38,000 miles, One Owner + Demo, Full Service History, 16" Alloy Wheels£6,495



2010 (60) Ford Fiesta 1.4 TDCi DPf Zetec 5dr, Manual, Diesel, Hatchback, 18,000 miles, One Owner + Demo, Full Service History, 15" Alloy Wheels.....£6,495

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Motoring View

SEAT launches 'Beautifully Created Winter Drive' campaign

WITH last-minute Christmas present-buying in full swing, SEAT is offering bags full of festive cheer to British new car buyers with the launch of its latest marketing campaign, giving £1,000 off its entire range.

The latest promotion from the Barcelona-based brand entitled 'Beautifully Created Winter Drive', is available on all new SEAT car retail purchases, with £1,000 (including VAT) off all new SEATs ordered between 21 December 2016 and 23 January 2017. Incredibly, the offer even covers the in-demand Ateca compact SUV and New Leon range. The promotion also comes on top of all other existing national retail offers.

Based on its Technology to Enjoy ethos and a desire to make the buying process as easy and straightforward as possible, prospective buyers simply need to visit www.seat.co.uk to download the instant festive voucher, or, be able to show it on an

electronic device, to redeem it in showrooms.

Commenting on the incentive, Steve Catlin, Head of Sales, SEAT UK, said, "SEAT's had a great end to the year, with plenty of car awards, impressive Ateca sales, not to mention great media reaction to the New Leon. So, in the spirit of giving, I'm sure our new offer will tempt plenty of off- and online Christmas shoppers and New Year sale bargain-hunters into our showrooms over the

next few weeks. And that's even before we look ahead to some gifts of our own in the early part of the year, namely, New Leon in February and the exciting new Leon CUPRA 300 range, including the four-wheel-drive estate, in March."

Vehicles must be registered and handed over between 1 January and 31 March 2017. Full terms and conditions for the SEAT UK 'Beautifully Created Winter Drive' campaign are available at www.seat.co.uk.



▲ SEAT launches 'Beautifully Created Winter Drive' campaign



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16 (16) FORD C-MAX COMPACT ZETEC 1.0 125ps, 5 Door MPV, in Red Rush Pearlescent, Sync 2 With Sat Nav, DAB Radio/CD, Rear Parking Sensors, Privacy Glass, USB, Alloys, Remote Central Locking, Pre Reg, Delivery miles only...£17,995

15 (15) FORD FOCUS TITANIUM 1.0 125ps, EcoBoost, 5 Door Hatchback in Tectonic Silver Metallic, Sync Hands Free, DAB Radio/CD, A/C, Alloys, Cruise Control, Auto Headlight/Wipers, USB, Rear Park Sensors, One Local Owner, 12700 miles appx£12,795

16 (16) FORD FIESTA ZETEC, 1.0 100ps Petrol, 3 Door, in Deep Impact Blue Metallic, Sync, A/C, Sat Nav, USB, Power Folding Mirrors, Alloys, Remote Central Locking, Rear Park Sensors, Frt. Foglights, Ex Demo, 500 miles appx£12,595

14 (64) FORD FOCUS TITANIUM 1.0, 125ps 5 Door Hatchback in Candy Red, Cruise Control, Sync, Auto Headlamps & Wipers, Park Assist, Touch Screen Controls, Sat Nav, Climate Control, Power Folding Mirrors, USB, Power Button Start, One Local Owner, 5800 miles appx£11,995

14 (14) FORD FOCUS TITANIUM 1.6 TDCi, 115ps 5 Door Hatchback in Race Red, Alloys, Privacy Glass, Sync, Cruise Control, Park Assist, Climate Control, Auto Headlamps & Wipers, Heated Frt. Seats, USB, Power Button Start, Frt & Rear Park Sensors, Sat Nav, Keyless Entry, Locally Owned, 22900 miles appx£11,995

14 (64) FORD FOCUS ZETEC NAVIGATOR 1.6 TDCi, 115ps, 5 Door Hatchback in Deep Impact Blue Metallic, Alloys, Rear Parking Sensors, SYNC, A/C, Sat Nav, DAB Radio/CD, USB, One Local Owner, 10400 miles appx£10,595

13 (13) FORD C-MAX TITANIUM 1.0 Petrol in Micastone Metallic, 5 Door Hatchback, Alloys, Sync, Cruise Control, Auto Headlamps & Wipers, Frt & Rear Park Sensors, Park Assist, Sony Radio/CD, Power Folding Mirrors, Power Button Start, Locally Owned, 16300 miles appx£9,995

14 (14) FORD FOCUS ZETEC 1.0 Petrol, 5 Door Hatchback in Race Red, Alloys, Sync (Bluetooth), Rear Parking Sensors, A/C, Radio/CD, One Local Owner, 21300 miles appx.....£9,995

13 (63) FORD B-MAX TITANIUM 1.0 125PS, 5 Door Hatchback in Nautical Blue Metallic, Alloys, Power Folding Mirrors, Rear Parking Sensors, Privacy Glass, Auto Headlights and Wipers, SYNC, Sony DAB Radio/CD, USB, Cruise Control, Power Start Button, Keyless Entry, One Local Owner, 24500 miles appx£9,995

13 (63) FORD FOCUS ZETEC AUTOMATIC, 1.6 Petrol, 5 Door Hatchback in Moondust Silver Metallic, Sync, DAB Radio/CD, A/C, USB, Rear Park Sensors, Remote Central Locking, One Local Owner, 17900 miles appx£9,495

13 (63) FORD FOCUS ZETEC AUTOMATIC, 1.6 Petrol, 5 Door Hatchback in Moondust Silver Metallic, Sync, DAB Radio/CD, A/C, USB, Rear Park Sensors, Remote Central Locking, One Local Owner, 17900 miles appx£9,495

10 (10) FORD MONDEO TITANIUM AUTOMATIC 2.0 TDCi, 165ps in Moondust Silver, 5 Door Hatchback, Frt & Rear Park Sensors, Power Folding Mirrors, Sat Nav, Cruise Control, Bluetooth, Auto Headlamps & Wipers, Locally Owned, 49900 miles appx£6,895

09 (59) FORD FIESTA TITANIUM 1.6 Petrol, 5 Door Hatchback, in Vision Blue Metallic, Alloys, Cruise Control, A/C, USB, Auto Headlamps & Wipers, Bluetooth, Remote Central Locking, Locally Owned, 51400 miles appx£5,995

11 (11) FORD FIESTA EDGE 1.4 TDCi in Squeeze Green, 5 Door Hatchback, Radio/CD, A/C, Power Adjusting Mirrors, Locally owned, 71000 miles appx**SOLD**

08 (08) FORD FOCUS STYLE 1.8 Petrol in Blue Metallic, 5 Door Hatchback, Radio/CD, Frt. Fog Lights, Remote Central Locking, A/C, Elec Frt Windows & Mirrors, 34000 miles appx£3,995

08 (08) FORD FUSION STYLE CLIMATE 1.4 Petrol in Moondust Silver, 5 Door Hatchback, Radio/CD, A/C, Elec Adjustable Mirrors, Elec Frt. Windows, Locally Owned, 36000 miles appx£3,695

06 (06) FORD FOCUS GHIA 2.0 Petrol in Tonic Blue Metallic, 5 Door Hatchback, Leather Upholstery, Heated Front Seats, Auto Lights/Wipers, Cruise Control, Rear Park Sensors, A/C, Elec Mirrors/Windows, One Local Owner, 42400 miles appx£2,995

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14 (64) PEUGEOT ALLUDE 1.6 HDi, 5 Door Hatchback in Grey Metallic, Alloys, Radio/CD, A/C, Rear Parking Sensors, One Local Owner, 15000 miles appx**SOLD**



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Pan Roof£11,995

12 62 Chrysler Ypsilon 1.3, Racing Red, Alloys, Air Con, Pan Roof, 22,000 Miles
.....£4,995

11 11 Citroen C3 Picasso, Black Cherry, What a looker! 49,000 Miles£5,995

10 10 Alfa Romeo Mito Lusso JTD, Rosso Red, 3 door, Stylish and Sporty!£5,495

09 09 Renault Grand Modus Auto, Stone, Only 34k, Park Sensors£3,995

08 08 Toyota Yaris 1.3 TR, Gunmetal, Alloys, 5 Door, AC, Digital Dash, 57,000
Miles£3,995

06 06 Citroen C3 SX, Silver with Grey Cloth, Manual, Diesel£2,995

05 05 Honda Civic Executive, Petrol, Silver, Leather Seats, Just 49,000 Miles
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05 05 Honda Jazz SE, Anthracite, Auto, Just 40,000 Miles, Sold and maintained
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04 54 Mini Cooper, Electric Blue, White Roof & Mirrors, Very Low Mileage, Multi
CD£3,995

03 03 Vauxhall Agila, Tundra Green, Just 45,000 Miles from new!£1,495

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09 09 Vauxhall Antara S 2.0 CDTI Auto, Heated Half Leather, Front & Rear Park,
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08 08 Subaru Impreza R 1.5, Sapphire Blue, Economical Stylish 4x4£4,495

05 55 Hyundai Terracan CDX CRTD Auto, Black, Shogun lookalike, Great Tow
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10 10 Renault Laguna 2.0T Coupe, Prestige Blue, Well Specified£5,995

07 57 Volkswagen Eos 3.2 V6 Auto, Moon dust Silver with Contrast Red Leather
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Teignmouth	17 35
AXMINSTER TOWN	20 33
Appledore	16 32
St Martins	19 25
Liverton Utd	17 25
Exeter University	18 20
Sidmouth Town	17 19
Alphington	17 18
Bovey Tracey	17 16
Budleigh Salterton	14 15
Totnes & Dartington	18 10
Galmpton Utd	17 9
Exwick Villa	16 5

D&E Premier (28) Pld	Pts
Honiton Town	14 36
Newtown	14 36
Elmore	12 30
Okehampton Argyle	14 23
Topsham Town	13 22
Heavitree Utd	10 19
Clyst Valley	13 18
Seaton Town	13 16
Upottery	15 15
Feniton	12 14
Exmouth Amateurs	13 14
Beer Albion	10 11
Hatherleigh Town	15 11
Newton St Cyres	14 9
Bow AAC	13 2

D&E Div 1 (20) Pld	Pts
Cronies FC	10 28
Colyton	11 22
Lyme Regis	9 19
Exeter University Res.	11 19
Sidmouth Town Res.	11 18
Wetheridge Reserves	10 15
Exmouth Town Res.	9 14
Alphington Reserves	10 10
Willand Rovers Res.	13 9
Wellington Reserves	11 8
Bickleigh	11 2

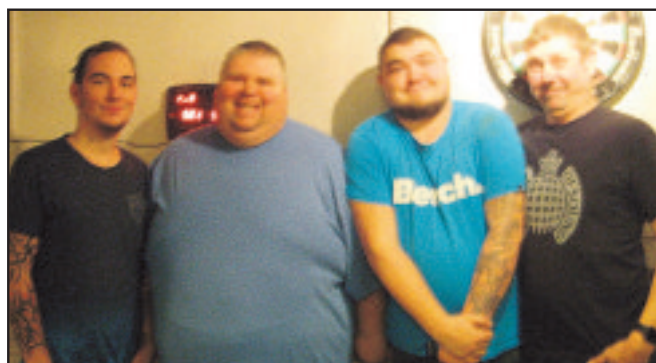
D&E Div 2 (26) Pld	Pts
Cullompton Rang Res	14 34
Lapford	13 30
University 3rds	12 25
Heavitree Utd Reserves	10 21
Dawlish Utd	13 20
Axmouth Utd	13 19
Woodbury	12 17
Dawlish Town	12 15
Halwill	14 14
Newtown Reserves	13 14
Tipton St John	12 12
Chagford	11 11
Budleigh Salterton Res	11 11
Lymington	12 10

D&E Div 3 (20) Pld	Pts
Bampton	11 31
Exeter University 4ths	12 27
East Budleigh	15 22
PERRY STREET	9 20
Honiton Town Res	12 20
Axminster Town Res	11 19
Tedburn St Mary	13 16
Newton Poppleford	13 15
Exmouth Amateurs Res	10 10
Clyst Valley Reserves	12 8
Culm Utd	14 4

D&E Div 4 (24) Pld	Pts
Thorverton	10 30
Uplowman Athletic	12 28
Kentisbeare	9 25
Ottery St Mary	14 21
Exeter University 5ths	12 19
Couness Wear Dyn	12 18
Sandford	17 17
Prior	10 14
Otterton	11 13
Morchard Bishop	14 12
Pinhoe	11 11
St Martins Reserves	13 8
Stampford Peverell	13 6

D&E Div 5 (24) Pld	Pts
Royal Oak	11 33
Crediton Utd Reserves	10 27
Millwey Rise	12 19
Feniton Reserves	12 19
South Zéal Utd	14 19
Whipton & Pinhoe	11 18
Winchester	10 18
North Tawton	11 12
Starcross Generals	12 12
Newton St Cyres	14 12
Beer Albion Reserves	9 10
Alphington 3rds	12 10
Awliscombe Utd	11 6

darts chard & district



◆ **ON THE OCHE:** The first round of the Chard & District Darts League Landlords Cup was held recently at five locations through Chard and Ilminster. Five teams off four at each venue played a round-robin competition with the winner at each venue progressing through to a finals night in the New Year. Pictured here are some of the teams which featured at the Chard Conservative club; Top left; Oakey Doaks (winners), top right; Pig Jockeys, bottom left; The Pirates and bottom right; Stumpy's Gang.



football tables

D&E Div 6 (24) Pld	Pts
Winkleigh	11 30
Exwick Village	12 28
Offwell Rangers	12 21
Hemyock	10 19
Lyme Regis Reserves	10 18
Central FC	8 16
Halwill Reserves	12 15
Tivvy Park Rangers	11 14
Elmore Reserves	11 13
Dunkeswell Rovers	11 11
Stoke Hill	9 8
Silverton	13 5
Hatherleigh Reserves	12 5

D&E Div 7 (22) Pld	Pts
Wellington Town 3rds	15 38
Ilminster Town Res	12 31
Cranbrook	12 29
Sidmouth Town 3rds	13 24
Exmouth Spartans	13 19
K&M Polonia Exeter	14 18
Woodbury Reserves	14 16
Seaton Town Reserves	12 14
Cheriton Fitzpaine	13 12
Bickleigh Reserves	10 8
Colyton Reserves	11 6
HT Dons	13 3

D&E Div 8 (22) Pld	Pts
Upottery Reserves	11 28
Bravehearts	11 27
Axminster Town 3rds	12 26
Kentisbeare Reserves	12 20
Newton Poppleford Res	13 20
Queen's Head	12 18
Lapford Reserves	11 13
Bampton Reserves	10 13
Amory Green Rovers	13 13
Seven Stars Kennford	12 12
Bradinch	14 6
Sandford Reserves	11 5

D&E Div 9 (18) Pld	Pts
Wetheridge 3rds	13 32
St Martins 3rds	11 27
Honiton Town 3rds	12 19
Chagford Reserves	11 18
Millwey Rise Reserves	9 15
Amory Green Reserves	13 13
Tedburn St Mary Res	11 13
East Budleigh Reserves	10 12
Central FC Reserves	12 9
Feniton 3rds	12 4

Perry Street Prem (20) Pld	Pts
Beaminster	10 25
Shepton Beauchamp	9 23
South Petherton	9 20
Winsham Utd	10 19
Barrington	8 18
Misterton	9 13
W & M Chincock	9 9
Chard Utd	8 8
Netherbury	10 6
Combe Reserves	8 2*
Drimpton	10 0

Perry St Div 1 (18) Pld	Pts
Forton Rangers	8 17
Merriott Rovers	7 15
Pymore	7 14
Hawkechurch Utd	6 13
Shepton Beau Res	6 9
Uplyme	7 8
Ilminster Town Colts	7 7
Waytown Hounds	5 6
Combe A	6 4
South Petherton Res	7 1

Perry St Div 2 (18) Pld	Pts
Chard Rangers	9 27
Farway Utd	11 21
Winsham Utd Res	9 19
Charmouth	9 16
Halstock	6 15
Thorncombe	10 8
Crewkerne Rangers	7 6
Dowlish & Donyat	8 6
Kingsbury Episcopi	10 6
Chard Utd Reserves	7 0

Perry St Div 3 (24) Pld	Pts
Misterton Reserves	9 23
Crewk Rangers Res	12 22
Forton Rangers Res	8 21
Uplyme Reserves	9 21
Ilminster Town A	11 15
Merriott Dynamos	8 13
Thorncombe Res	11 13
Drimpton Reserves	11 12
Fivehead	10 12
Lyme Regis Rovers	11 11
Farway Utd Res	11 10
Chard Rangers Res	12 8
Chard Utd All Stars	8 2

MILLWEY Rise FC supporters are clearly pleased with their new covered viewing area at their Cloakham Lawns home as eloquently described below by stalwart supporter Dick Sturch...

The New Tea Hut Terrace

We're very pleased we can proclaim
For those of you who did complain.
Our Tea Hut Terrace has grown in size
So you can stand and cheer the "Rise"
With far more space than ever been.
There's even a rail on which to lean.
And if your tea or coffee's hot
There's also room to stand your cup.
Now when it rains we'll all stay dry.
Unless there's more than 30 try.
In that case then we're very sorry
And still advise you bring a brolly.
So come along watch Millwey play
As unlike some, you won't have to pay.

Festive fun from Millwey Rise



swimming chard & district club

Pullinger breaks 27 second freestyle barrier

A SQUAD of 35 swimmers represented Chard & District Swimming Club in the final round of the Western Division National Swimming League held recently at Millfield School.

Chard fought another tough round against several larger south-west clubs, and achieved seventh place overall with 25 personal best times and 12 top three positions in the 50 events.

Special mention goes to 18-year-old Jamie Pullinger who achieved the club's Gold Speed Badge for swimming 50m freestyle in under 27 seconds.

Seven swimmers achieved Individual top three places:

Open: Hannah Pullinger 20, 3rd 100m freestyle
15/Under: Henry Taswell, 15, 1st 100m backstroke and 2nd 100m bfly, Xanthe Dyer 14, 3rd 100m breast, Leo Kindred 15, 3rd 100m breast
13/Under: Millie Downes 13, 3rd 100m back and

3rd 100m free

11/Under: Grace Lambert 11, 1st 50m breast and 1st 50m bfly, Mia Porter 11, 3rd 50m back.

The relay teams also showed some determined swimming, with two top three positions achieved by the nine-11 years Girls Medley team of Esme Huntley, Mia Porter, Grace Lambert and Alice Clark (1st place) and the 13 and under Girls Medley team of Mia Huntley, Briana Barrand, Abi Greenslade and Millie Downes (3rd place).

Full team: Girls: Hannah Pullinger, Sophie Jones, Hope Horsfield, Flo Swan, Xanthe Dyer, Megan Herbert, Briana Barrand, Millie Downes, Abi Greenslade, Mia Huntley, Harriet Copeman, Holly Bigger, Esme Huntley, Mia Porter, Kaitlyn Flannigan, Grace Lambert, Alice Clark.

Boys: Jay Kindred, Jamie Pullinger, Leo Kindred, Iain Ross, Ben Greenslade, Henry Taswell, Simon Davis, Joss Copeman, Oliver Bright, Louis Rood,

Jimmy Brett, Jamie Porter, Louis Whittome, Ben Webb, Freddie Coles, Lyndon Smith, Harrison Larcombe and Jack Morgan.

Congratulations to all the swimmers for their performance and determined swimming, and a big thank you to all the Club coaches, officials, team managers, and timekeepers.

Swimmers of the Month are LOUIS ROOD, 13 and KAITLYN FLANNIGAN, 10 for gaining the most improvement points in recent galas.

If you are aged six plus, can swim 25m (one length) confidently in front crawl, have reasonable skills in two other strokes and are interested in competitive swimming, visit www.Chardswimming-club.org.uk for more information about the club and coming along for a free trial.

Sessions are held at Flamingo Pool, Axminster, Cresta Pool Chard and Aqua Centre at Crewkerne.

tee off honiton golf club news

WITH JOHN PAWLEY

Wallis lifts Ronnie Pew Knock out cup

HEAVY overnight rain prevented the Tuesday mixed golfers from playing their 'Bring and Win' Greensome.

The event was moved indoors and a Christmas Drive – similar to a Beetle Drive – was held instead. Everyone went home with a prize but the winners, Liz Wood and John Northover, got first pick from the table full of goodies.

A fun competition was on offer

for the ladies this week, a 3BBB with two scores to count, over 14 holes.

Mild, but with a chilly wind meant that scoring was pretty good. Ann Trayling, Stephani Barnes & Susan Hyde came out on top with their 53 points.

Runners-Up with 52 points were Anne Davies, Sue Kelson & Catherine Hunt. There were also hidden prizes for the best points

score on any hole, with two teams achieving seven points.

On Friday more than 60 Seniors played the third round of their winter Eclectic which was coupled with an individual Stableford competition.

The continuing good weather allowed them to play off grass tees and onto proper greens yet again. Good scores were the order of the day and Roger Matthews came out on top of Division One with 38 points – beating Stan Squire on count-back.

In third was Alan Devenny on 37 with John Fleetwood edging out Max Pipe on count-back with 36.

Division Two was won by Eric Short with 38pts followed by Peter Blake on 37 ahead of Phil Wall, again on count-back.

John Pawley was next, ahead of Mike Delaney on count-back with their 35.

Four players received 10 balls each for their two's; Steve Butcher and Roger Matthews on the second, Stan Squire on the fourth and Peter Blake on the 12th.

Senior Captain Alan Pollock then welcomed Ann Pew, the widow of Ronnie, to the Club to present the Ronnie Pew Knockout Cup to this year's winner Jim Wallis.

Ronnie, who died earlier this year aged 101, was a great character of Honiton Golf Club and is greatly missed by all.

Whisky bottles, as Ronnie wished, were given to both the finalists and the runners-up.



◆ PLEASED TO HELP: Russell Rowe (Devon Freewheelers), Julian Phillips (Captain), Jane Watts (Lady Captain), Jade Retter (Devon Freewheelers)

Ann spoke briefly to the gathered Seniors of Ronnie, and then Jim thanked her and spoke of his, and many others members, friendship with Ronnie.

Devon Freewheelers benefit from generous members

THE evening of the Club Christmas Draw provided a perfect opportunity for Club Captain Julian Phillips and Lady Captain Jane Watts to total up all the monies collected for their joint charity.

The Devon Freewheelers were to benefit from the many and varied events held by the club through the year held by the Ladies, Seniors and Mens sections.

Julian and Jane were pleased to present a cheque for the sum of £8332.65 to the representatives of the local based charity who, staffed by volunteers provide a free out of hours courier service to the NHS in and around Devon.

This sum even managed to beat

last year's total which went to the Baton land charity, and all those who contributed should be congratulated.

Adrian Cave then held his draw for golfing goods before the main draw was made by organisers Phil and DI Wall.

They will shortly be starting the process of selling tickets for next year's draw and were widely praised for their hard work – this year producing more than 120 prizes.

darts chard & district

Premier Division	Pld	Pts
Rejects Return	4	79
High 4 & a Half	3	60
BDBs	4	59
Hobnobs	5	59
Crusaders	3	40
Hopefuls	4	32
Happy Sharks	3	29
Wanderers	2	24
Most 180s: S.Rutter & L.Cox both x3, G.Knight & P.Lawrence both x2, Five players x1		

Division One	Pld	Pts
Okey Doaks	5	61
Down's	5	58
Pop Darts	5	57
Pirates	5	44
Random Tossers	4	40
Nice Ricks	4	35
Cult of Personality	4	34
PAs	4	32
Pig Jockeys	4	29
Most 180s: S.Castle x2, nine players x1		

Division Two	Pld	Pts
HRT	5	65
Happy Days	5	50
Madhouse Crew	4	46
No skill, just lucky	3	29
Stumpy's Gang	3	29
Dizzy Tarts	3	28
The Haymaker	4	22
Two minute crew	3	18
Most 180s: A.Pidgeon x1		

school sport holyrood rugby

Superb season for Year 8 champs

HOLYROOD Academy's Year 8 Rugby squad has completed an undefeated District Rugby campaign to be crowned South Somerset Area Champions.

The team have beaten Huish Episcopi 20-10, Preston 50-10, Stanchester Academy 70-0 and Bucklers Mead 50-10.

In addition, they have won

friendlies against Woodroffe, Axe Valley and The Gryphon.

Top try scorers were; Raf Fowler, Jacob Geraghty and Jacob Bond.

Team effort

There have been outstanding contributions from Oscar Mills, Jack Swain, Matt Green, Tom Wingate, Gabe Larter-Webber

and Connor Beckey.

Head of Holyrood Rugby Simon Jenkins said: "This group has developed really well over this term and deserves to be successful."

"Over 25 players have featured for the team and they have moulded into a very close and reliable squad."



◆ UNBEATABLE: The all-conquering Holyrood Year 8 rugby squad

rugby chard

Chard streamlined



◆ FLOWING LOCKS SHORN: Chard Rugby club players recently had they heads shaved by John Hewitt of 'Hairs Johnny' in Chard to raise money for MacMillan Cancer Care. Pictured (above) skipper Ryan Helliard and (below) Connor Moon go under the clippers



crib news

HONITON

Fixtures (January 5th); Blacksmith Arms v Vine Inn A, Honiton Inn A v Thirsty Farmer, New Fountain v Feniton Soc B, Vine Inn B v Workingmens A, Workingmens B v Honiton Inn B.

schools news

Winning times at Wadham

WADHAM School in Crewkerne have recorded some great sporting performances this term.

On the football pitch, the boys teams have had success in their Somerset Cup games; Year 9 beat Priory 6-0, Year 11 beat Wells Blue 2-1 and Year 10 beat Stanchester 4-0.

At the Area Cross-Country Championships Wadham students also excelled, particularly the Year 10 and 11 combined boys team who came first and in Year 12, notable individual performances by the Baker twins; Tim won the senior boys race and Jamie was runner-up.

Send your sports news, and photos to; **howard@viewnews.co.uk**

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